St Kilda & the Hebrides - Islands on the Edge of the Atlantic

Naturetrek Tour Itinerary

Outline itinerary

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Departs
May and June.

Focus
Birds, mammals and scenery.

Grading
Grade A/B (see Page 5 for additional information).

Dates and Prices
Visit [www.naturetrek.co.uk](http://www.naturetrek.co.uk) (tour code GBR48).

Highlights:
- Visit the remote islands of St Kilda
- Join the exclusively chartered 12-berth motor vessel 'Elizabeth G'
- Spectacular scenery of the Scottish Islands
- Huge seabird colonies full of Gannets, Puffins, Razorbills & Common Guillemots
- White-tailed Eagle, Golden Eagle, Storm & Leach's Petrels also likely
- Look for Otter, Minke Whale, White-beaked Dolphin & Grey Seal
- Migrating Long-tailed & Pomarine Skuas
- Led by expert Naturetrek naturalist

From the top: Elizabeth G, Puffins & European Otter.
Introduction

In a world in which long-haul travel is so easy, and the opportunities to enjoy far flung wildlife ever increasing, it is all too easy to forget the wildlife treasures to be found within our own backyard. Scotland, for example, is blessed with some of the most spectacular scenery and seabird colonies in the North Atlantic. Hundreds of thousands of Common Guillemots, Razorbills, Kittiwakes and Fulmars crowd towering sea cliffs alongside some of the world’s largest gatherings of Gannets and Puffins. Whilst a small number of these colonies are accessible from the mainland, the very best are crowded onto small rocky islets and outposts far from land and only visited by the fortunate few.

Each spring Naturetrek will be providing the chance to visit the most famous of Scotland’s remote islands, St Kilda, aboard the 12-berth ‘Elizabeth G’. This small and comfortable vessel has been plying the waters off northern Scotland in search of birds, cetaceans and other wildlife for the past 11 years. The ‘Elizabeth G’ has also been fitted with stabilisers and so is the ideal floating hotel for our journey to the islands on the ‘edge of the Atlantic’. As part of our range of exclusive (full-boat) wildlife charters, this 7-day voyage will take you from Oban on the west coast of Scotland out amongst the islands of the Inner and Outer Hebrides and then, weather permitting, on to St Kilda itself. Here we hope to enjoy the cacophony of seabirds, plus huge White-tailed Eagles soaring overhead, and a variety of exciting mammals including Otter, Grey Seal, Minke Whale and perhaps Orca. All this from the comfort of the centrally heated ‘Elizabeth G’ and backed by some of the most breathtaking scenery in the British Isles.

Itinerary

Please note that the following itinerary should be treated as a guide only, not an exact program. Flexibility is the key to all our wildlife cruises and our exact route, program and overnight anchorages will depend on such factors as weather and sea conditions, tides, wildlife encounters and the experience of the Elizabeth G’s captain and crew.

Day 1

Embark Oban

Our holiday begins in the small town of Oban, beautifully positioned overlooking the Firth of Lorn. Here we will meet our tour leaders and fellow wildlife enthusiasts and board the ‘Elizabeth G’, at 1500 hours our base for the next 6 nights. We will depart Oban at around 1600 hours and head west into the dramatic Sound Of Mull and then explore the coastline of Mull itself, looking for our first Hebridian birds and mammals.
Mull is the third largest of the Hebridean islands and one of the most spectacular. It is rugged, dramatic and blessed with a patchwork of forests and moorlands, high craggy summits and a glorious coastline. The tidal sea lochs are a favourite haunt of Otters and the moorland-covered slopes of the mountains are dotted with numerous Red Deer. As we make our way along Mull’s beautiful coastline we will be scanning the ridgelines and hills for soaring Golden Eagle and Peregrine and we would hope to see our first White-tailed Eagles of the cruise. This dramatic raptor, the largest in Europe, is often likened to a ‘flying barn-door’. They are usually to be seen scouring the hills and coastal bays for carrion from on high, always on the look-out for the remains of a seal or deer and almost constantly being harassed by the local Hooded Crows! Black Guillemot and Common Eider can be seen bobbing on the sea, along with Common and Grey Seals, and there’s always a chance of a lingering Great Northern or Red-throated Diver. We will find a quiet anchorage for the night and, weather permitting, we will be able to sit out on deck and enjoy our first evening in our new peaceful surroundings.

Day 2

Today we will make an early start to visit the Treshnish Islands which lie off Mull’s west coast. These eight small rocky islets are volcanic in origin and are part of both the Loch Na Keal National Scenic Area and a ‘Site of Special Scientific Interest’. Lunga is the largest island in the group but covers only 60 hectares. The Treshnish Islands will offer our first experience of a Scottish seabird colony and are home to over 2,000 pairs of Puffins, plus numerous Common Guillemots, Razorbills, Kittiwakes, Fulmars and Shags. Weather permitting, we will make a short landing on Lunga to enjoy the island’s Puffins which are wonderfully confiding; any keen photographers in our group will be in their element! Lunga also has a small population of Corncrake, although they are somewhat more difficult to see!

After soaking up the seabird spectacle of the Treshnish Islands we will head north-west to spend the night anchored off Eriskay, a small island which lies between South Uist and Barra. On the crossing – as well as enjoying the beautiful scenery – we should keep our eyes open for birds including Arctic and Great Skuas, Storm Petrel and Gannet, plus cetaceans such as Minke Whale, Harbour Porpoise, Bottlenose Dolphin and White-beaked Dolphin. Depending upon the weather and sightings, we will hope to have time for an evening walk on Eriskay, enjoying the flora such as Yellow-flag Iris and Northern Heath Orchid and admiring the island’s beautiful turquoise shoreline while scanning for such birds as Cuckoos, Golden Eagles and Northern Wheatears.

We will overnight in a calm bay ready for our push to St Kilda tomorrow.
Day 3

The crossing to the St Kilda group will take in the region of 6 hours and is subject to the weather and sea conditions. Enroute we must keep our eyes open for cetaceans and pelagic birds, including both Long-tailed and Pomarine Skuas which will be heading north in May and early June. A variety of cetaceans are seen around St Kilda in the summer months between May to August. Minke Whale is the most frequently recorded species, with Killer Whale, or Orca, as the next most commonly seen. Pods of Orca sometimes remain around the islands for several days or even weeks, most probably after the resident Grey Seals. Groups of Risso’s Dolphins can be seen from time to time, as well as Atlantic White-sided Dolphins, Harbour Porpoises and White-beaked Dolphins. Bottlenose and Common Dolphins are also seen occasionally, but it would take a lot of luck to find a Humpback or one of the other larger species.

By midday, if the weather is clear, we will be able to see the silhouette of St. Kilda on the horizon. Although it may look tantalising close, it is still several hours away giving us plenty of time for more wildlife spotting. Your tour leader will be monitoring the seas closely from the bow or the wheelhouse for any wildlife that may show up and you are very welcome to join them … the more eyes the better!

By late afternoon, we will slowly sail into Village Bay (Hirta), welcomed by the chorus of thousands of Fulmars, Kittiwakes, Gannets and auks. Once anchored, we will go ashore and be greeted by the warden (a part-time resident) who will brief us on the history of the islands. We can then explore the abandoned houses along Village Bay, and visit the small, yet fascinating, museum which details the lifestyles of the Kildians and their remarkable self-sufficiency. After a couple of hours on shore we will make our way back to the Elizabeth G, and can enjoy sitting out on deck surrounded by the towering, imposing cliffs of the bay, ready for our time on shore tomorrow.

Day 4

For many the undoubted highlight of this cruise will be our time exploring the St Kilda group, Britain's first World Heritage Site designated for its spectacular seabird colonies and amazing scenery, including the highest sea cliffs and stacks in the British Isles (the cliffs at Conachair are 425 metres high!). The St Kilda group is the eroded remains of huge volcano and made up of three main islands Hirta (the largest of the archipelago), Boraray and Soay. They are home to half a million pairs of breeding seabirds including the second largest Gannetry in the world (recently demoted in favour of Bass Rock!) with over 60,000 pairs, whilst the 60,000 pairs of Fulmar represent the largest colony of that species in Britain. Most remarkable of all, 25% the British Puffin population - an incredible 150,000 pairs! - nest on St Kilda, as do 90% of Britain's Leach’s Petrels some 45,000 pairs. Only on St Kilda does this rare petrel nest together with Storm Petrels and Manx Shearwaters. The island also attracts weary migrants and so we need to keep our eyes open for lost passersines and refueling waders. Last, but not least, this is also the home of the St Kilda Wren, a distinct sub-species.
St Kilda also has a fascinating human history to discover. The islands were populated by the unique and hardy ‘Kildians’, who due to poverty and starvation (caused by the influx of visitors) were forced to leave the islands in the last century. The last permanent inhabitants were voluntarily evacuated in 1930 and all that remains today is the ghostly buildings of an abandoned village where the houses are still relatively intact and lots of stories and folklore about life on St Kilda has been preserved. Today the islands are all uninhabited, with the exception of a few military personnel and scientists. The dramatic and foreboding landscapes here will keep the photographers amongst us more than entertained, although we must keep our fingers crossed for good weather; the seas around St Kilda can be notoriously fickle!

**NB – If adverse weather or sea condition prevent a crossing to St Kilda then we will spend Days 3 and 4 of the cruise further exploring the more sheltered waters of Inner and Outer Hebrides and enjoying the abundance of wildlife to be found there. The final decision concerning destinations and landings will be made by the skipper of the Elizabeth G.**

**Day 5**

After a 2-night stay at St Kilda we will spend the morning sailing around the famous stacs, surrounded by noisy rafts of Guillemots, Razorbills and Puffins on the water. Mesmerised by the thousands of Gannets wheeling above our heads, we will also watch out for the ominous dark shadows of Great Skuas, which patrol the colonies hoping to steal food from unsuspecting birds. By late morning we will begin our journey back towards Oban and if conditions allow, we will anchor for the evening at the Monach Islands which lie 5 miles to the west of North Uist. The Monachs and are made up of three main, low-lying, islands Ceann Ear (once the site of a nunnery), Ceann Iar and Shivinish all of which are linked at low tide. Designated as a National Nature Reserve, the islands are home to breeding seabirds and clothed in flowering Machair in the spring. In the autumn, the beaches are crowded with the largest breeding colony of Grey Seals in the UK! The extensive sand dunes are perfect for beach landings by tender and the fairly flat landscape makes easy walking, but with breathtaking views.

Should the weather be unsettled, we will instead seek a sheltered anchorage in the peaceful harbour of Leverburgh on the Isle of Harris.
Day 6

Mull

Today we will make an early start to begin our crossing back to Mull (a journey of approximately 8 hours). During the crossing we must still keep our eyes open for a variety of cetaceans as well as the usual abundance of seabirds and breathtaking coastal landscape of the Outer Hebrides. Silhouettes of Red Deer may be seen high upon the rugged ridgelines of the islands, and, with luck, perhaps a Golden and White-tailed Eagle circling over the hills in search of carrion. We will aim to anchor in the tranquil Glen Bay (Loch Sunart) on the Scottish mainland opposite Mull, a beautifully quiet spot to spend the final night of the cruise. If the weather is favourable, the top deck of the Elizabeth G will be an excellent place to base ourselves for the evening in order to search for Otters, which may be seen catching crabs and fish along the rocky shoreline.

Day 7

Disembark Oban

This morning we will complete our journey back to Oban where we disembark the Elizabeth G after lunch (around midday) and, with the memories of dramatic sea cliffs and raucous seabird colonies still fresh in our minds, begin our own journeys home.

Grading

Grade A/B. Day walks only and even these are optional. A degree of agility is required to get in and out of the small landing craft (zodiac tender) which is used to get ashore, but there are always crew and the Naturetrek tour leader to lend a hand if necessary. Please be aware that there are few footpaths on these islands and the terrain can be steep and rough. Shore excursions will be by zodiac – a rubber, inflatable landing craft – and a mix of wet landings (directly onto a beach) and dry landings where a dock or pier is available. It is also important that you are able to get up and down the fairly steep staircases inside the Elizabeth G. Should you require additional information on the above please give the Naturetrek office a call on 01962 733051.

Please remember that you are travelling in remote areas without quick access to sophisticated medical facilities, so we would ask you not to join the tour if you have a life-threatening condition, need daily medical treatment or have difficulty walking.

Whilst we do not have an age limit on any of our cruises, we would ask anyone over the age of 75 years to obtain a doctor’s note before departure to confirm that they are fit to travel on this holiday.

Weather

The weather will ultimately dictate the route of our cruise. Whilst we hope for calm and sunny conditions, the weather in the north Atlantic can be a little unpredictable at times and it can be choppy on some of the crossings between islands. Late May and early June are often blessed with sunny and mild conditions in Scotland, but you should also expect, and prepare for, overcast breezy conditions with rain at some point on the cruise.
Food & accommodation

All food is included in the price with the exception of meals in Oban. For this cruise Naturetrek has exclusively chartered the 12-berth ‘Elizabeth G’ which features six twin-bedded cabins with shared facilities. The berths are roomy with comfortable mattresses, essential for a good nights sleep. Each cabin has its own sink and there are two shower rooms and three flushing toilets nearby. Meals are served in the dining deck saloon which is the social hub at all times of the day, while the outdoor decks and the wheelhouse are also popular gathering places.

Elizabeth G is the perfect vessel to take you to the most far-flung islands of the Hebrides. She is built to cope with any sea condition, has an incredibly powerful engine and has stabilisers to provide a comfortable ride in rolling seas. She will be your home for the duration of your holiday and her interior has been fitted to provide all the comfort and necessities of modern living.

On your cruise there will be a maximum of 12 guests on board, plus one Naturetrek naturalist, the captain and three additional crew, and everyone will very quickly get used to living together in close proximity, and develop the kind of warm camaraderie that is only ever found on boats. The berths provide an excellent nights sleep, showers are hot and the food on board is delicious; what else could you ask for! Well, perhaps you might like to relax in the dining deck saloon and watch the ever-changing scenery through panoramic windows, join the skipper in the wheelhouse, watch for wildlife on the observation deck or enjoy a book or a pre-dinner aperitif on the aft deck.

NB - Of the six twin-bedded cabins on board Elizabeth G, two have a lower double bed and an upper single bunk, three have upper and lower bunks and the cabin in the bow has two lower berths.
Extra expenses

The following additional expenses are not included in the cost of the holiday: travel to Oban, meals in Oban, on board drinks (complimentary house wine is available during the evening meals), tips for the Elizabeth G crew (allow approximately £20 - £30 per person), laundry, souvenirs and other items of a personal nature.

NB - Please note that Naturetrek reserves the right to impose a fuel surcharge on this cruise should fuel prices increase significantly and the boat operators request an additional payment.

How to book your place

In order to book your place on this holiday, please give us a call on 01962 733051 with a credit or debit card, book online at www.naturetrek.co.uk, or alternatively complete and post the booking form at the back of our main Naturetrek brochure, together with a deposit of 20% of the holiday cost plus any room supplements if required. If you do not have a copy of the brochure, please call us on 01962 733051 or visit our website.

Photographs courtesy of Paul Stanbury, Emma McGregor & Menno Scefler.