

Spain's Cantabrian Mountains

Naturetrek Tour Report

2 – 9 July 2012



Alpine Accentor



Apollo Butterfly



Centaurium somedanum



Saxifraga babiana

Report and images compiled by Byron Palacios & Jessica Turner



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Day 1

Monday 2nd July

London to Pola de Somiedo (Aguino viewpoint)

Weather: Cloudy at arrival; nice & sunny afterwards

We arrived at Asturias airport and after reassembling the group at the arrival gate and using facilities and grabbing a snack, we started our journey south heading towards Somiedo Natural Park going through Belmonte, until we arrived at the lovely village of Pola de Somiedo to our comfortable hotel located in the heart of the Somiedo National Park; we settled in and enjoyed some refreshments at the hotel's lounge. We then set off to our very first pre-dinner mammal watching point at the point known as Aguino, located on a high cliff opposite the village of Pola. The early evening was sunny and bright, giving us the chance to see Red Deer, Chamois, Golden Eagle and a group of Griffon Vultures and a pair of Egyptians in the distance. A few butterflies and an elusive Grass Snake were seen too. As dinner time arrived, we drove back to Pola to enjoy our very first dinner together at Casa Miño.

Day 2

Tuesday 3rd July

Puerto de Somiedo (1,575 metres) – Castro trail (720 metres)

Weather: Sunny morning; cloudy afternoon

After breakfast, we set off to the southern border of the park to the point known as Puerto de Somiedo. We parked by the creek and walked amongst the broom and Erica dominated terrain, spotting Northern Wheatear, Ortolan Bunting, Serin, Linnet, Water Pipit, Garden Warbler, and Stonechat.

At the top of the trail, some of us spotted a large group of Wild Boar running through the bushes and visible at times when going through the open. We watched the many butterflies and a few bird species such as Ortolan Bunting, nicely perched on the broom. We looked for the elusive Bluethroat but had no luck. We walked down again to the picnic site and we set up our lunch there.

It was a beautiful afternoon, although a couple of big dark clouds coming from the north face of the Cantabrian Mountains were a threat to our planned long walk. We drove down the main road heading north and started walking the trail which leads to the village of Castro which offers a dramatic rock-cliff landscape, surrounded by beech and oak woodland. Many birds such as Western Bonelli's Warbler, Chiffchaff, Blackcap, Long-tailed, Great and Blue Tits, and Firecrest were constantly seen on the way. Griffon Vultures and a single Egyptian were seen too, as well as the always elusive and unexpected Sparrowhawk. We stopped in a few key spots admiring the stunning 'brañas' (shepherds summer corrals) in the steep meadows. We finally arrived at the small village of Castro after enjoying the trek. Jessica and I walked back on the main road in order to collect our vehicle and pick up those who stayed down in Castro.

After this nice walk, we drove back to Pola in order to have a break before our usual early evening bear watching time, which was hampered by low mist and poor visibility of the hilly meadow. In spite of the situation, we decided to give it a go anyway, from a picturesque view point located in the area of Aguino. After a while here spotting numerous Red Deer and Chamois, and a few Griffon Vultures which were nesting in the crags feeding youngsters, there were no signs of bears so we decided that it was time to go for a warm delicious local supper at Casa Miño.

Day 3

Wednesday 4th July

Salencia Valley (Altos de La Farrapona 1,770 metres) – La Peral view point (1,770 metres)

Weather: Nice & dry

We woke up this morning to sunshine, and were mesmerised by the mountains and crags which surround Pola before setting off towards the Salencia Valley. Located around 1,800 metres, this dramatic valley is part of the main drainage system which produces nearly the 60% of the water supply of the area. The mountains, lush meadows and lakes provided stunning landscapes.

We walked down a gravel track, amused by some of the many butterflies and plants we saw along here. We stopped in front of a massive rocky wall expecting to get some altitudinal specialties and we did as we had great views of Alpine Accentor, plus Linnets, Black Redstarts, Crag Martins, Serin and Meadow Pipits. Surprisingly, we spotted two beautiful male Wallcreepers in one of the rock faces, but unfortunately they were moving very fast amongst the crags and suddenly they flew away chasing each other. We continued down the track getting great views of a single male of Alpine Accentor, stunning! Later on, a conspicuous Meadow Pipit caught our attention while suddenly another male Wallcreeper was spotted flying around a rocky wall, but they were again too fast for our eyes, though some of us had great views of them in flight. We also saw Alpine and Red-billed Chough moving around the cliffs together, plus some Rock Bunting, Black Redstart and Rufous-tailed Rock Thrush. We reached the top of the trail and we found a nice spot to enjoy our picnic lunch.

Afterwards, we drove back to Pola de Somiedo for a break and then we drove up out Pola again towards El Puerto, from where we tried hard to find big mammals from one of the view points by the main road. Several Chamois were spotted from the view point. In the early evening, we drove back to Pola in order to enjoy supper.

Day 4

Thursday 5th July

Piedrafita de Babia – Monte Cancedo (1,375 metres)

Weather: Unsettled

We started the day with a few clouds and wind. After breakfast, we drove heading south from Pola de Somiedo and into the province of Leon, part of the big county of Castilla y Leon where a transitional habitat between the mountains and the foothills can be appreciated whilst driving from the north. After a while we arrived at the small village of Piedrafita de Babia, and we had a few sunny spells but the wind continued quite strongly. Nesting White Storks were spotted on the buildings and pine trees which dominated the scenery in the quiet village. We parked up in order to explore the pine woods of Monte Cancedo, just above the village of Piedrafita de Babia. At the car park Short-toed Eagles, Egyptian Vultures and Common Buzzards were flying around, together with some Red-billed Choughs, Raven and Common Kestrel. A good look at the various White Stork nests and a few Serin and Black Redstarts was also a nice way to start our walk. Up in the pine-dominated forest, we heard some interesting birds such as Crested Tit, Goldcrest, Eurasian Treecreeper, Coal Tit, Firecrest, Short-toed Treecreeper and a group of Red Crossbills, but it was difficult to get the group on them as the weather was not at its best. We had a walk around the top of the hill before returning to the car park to set up our picnic lunch there.

After lunch, we went to the village to enjoy some hot drinks and have a little break. Jessica managed to find the endemic *Saxifraga babiana* on one of the walls by a house entrance - it was a great to find this endemic flower. After spending more time around the area we then started to drive back towards Pola de Somiedo, with a few stops on the way, arriving in Pola in time for a break, checklist and another delicious supper!

Day 5

Friday 6th July

Valle del Lago (1,500 metres)

Weather: Nice & sunny

Although initially foggy, the bright sun was penetrating through it gradually and the temperature was increasing accordingly. After enjoying a nice breakfast we drove up towards el Valle del Lago where we started our walk by the village reservoir - Willow Warblers, White and Grey Wagtails were seen while we crossed the bridge. We then took the walking trail which makes an interesting loop of the village, where there were many Yellowhammers, Tree Pipits, and Short-toed Treecreeper. Lovely butterflies were spotted on the way too, and the morning was certainly ideal for them as the sun was bright up in the blue sky. We walked up to the trail which takes you to Brañas de Sousas where the views of the old glacier were stunning across the valley! As we were completing the loop, we found *Centaureum somedanum*, a beautiful little flower endemic of the area.

As lunch time came, we decided to set up our picnic lunch in a local campsite, enjoying the peaceful surroundings while eating fresh local meats, veggies, wine and fruit. We just could not stop enjoying the magical scenery of the landscape as some of us walked back to Pola (and others drove back). After a break we regrouped for another tasty dinner.

Day 6

Saturday 7th July

La Peral (1,750 metres) – Pineda Road (1,100 metres)

Weather: Drizzly morning, nice & sunny in the afternoon

Today we woke up to thick mist which covered the whole valley and the weather was a bit unsettled as we were driving up to La Peral, from where we started our walk today. We found some good birds such as Red-billed Chough, Hen Harrier, and a very beautiful Golden Eagle which perched in the rock face right in front of us with a young fox in her talons. This was amazing to watch! A Peregrine Falcon flew around at the same time, and we managed to see it well too. We found a beautiful Apollo butterfly down the trail and showing beautifully! We enjoyed seeing this rather rare butterfly! Once at the top, the wind and mist was coming towards us with patches of thin rain, so we started to walk back to the car park where the weather conditions were better. We drove back to Pola de Somiedo in order to have our picnic lunch in our hotel premises as the weather was not good for an outdoor picnic.

After a break, the weather improved dramatically so we hit the track again, this time heading north in order to walk along the Pineda road. The track is steep but it is worth walking up here as the landscape is quite beautiful, lush and different. We found very interesting things along here, such as tiger moths, other different butterflies, more birds such as Western Bonelli's Warbler, Griffon Vultures, and many others. After this visit, we drove back to Pola in order to have a fairly early dinner, in order to go out to one of the viewpoints in search for mammals in the early evening.

Day 7

Sunday 8th July

Saliencia Valley (Altos de La Farrapona)

Weather: Dry and a bit cloudy

Today we chose to go back and explore one of our favourite spots in this trip. After breakfast, we drove up to the Valley of Saliencia to explore more of this area by walking to the top of the second lake. The weather was good and dry, with some patches of sun. An agitated Grey Partridge flew across the track right in front of us when we started the walk. Good views of Common Whitethroat, Alpine Accentor, Crag Martin and the always easy to see Chamois were seen on the walk too. We gradually arrived at La Cueva Lake where some of us kept searching for birds and others for more plants and butterflies; when suddenly, a lovely Wallcreeper flew across the edge of the lake and perched in one of the walls right in front of us, giving us great views, at last!! Griffon Vultures and Choughs were constantly flying around as we trekked along the rocky track by pristine limestone walls to make it to the top. As we arrived at the second lake, La Mina, a few birds were flitting around such as Water Pipit, Stonechat, Northern Wheatear, and a Common Buzzard relaxed amongst the short rushes of the small lake.

We walked a few dozens metres more to Cerveiriz lake where we found a large group of Mallards, and Eurasian Wigeon in the water, and also heard some Water Rails calling from the rushes too! Once here, lunchtime arrived and we chose a very nice patch of meadow overlooking the lake to take our picnic lunch. We searched a bit more on the walk back down towards the car park. A few birds were seen such as Short-toed Eagle, Dunnock, Stonechat and the loud and elusive Garden Warbler. We found a group of Iberian Rock Lizards on the roadside which were a bit confusing to identify at the beginning, but we did it in the end. We drove back to Pola in order to have a break before gathering together to do our daily checklist followed by an early dinner as we planned to go out to the field afterwards.

After dinner, we jumped back in our vans and drove to a lower viewpoint up in the mountains and just below the village of Llamardal. The mist was perusing its way down the valley as it covered the tops of the hills, something not really good for our purposes that evening. Two Red Foxes were spotted in the fields across the road. The mist was making our visibility hard. The familiar hoot of Tawny Owls was heard, and one of them was flying in front of us several times, giving us the great pleasure of watching this common but very elusive owl! After this visit, we drove back to Pola in order to head to our rooms – or go to the local bar before having a well-deserved rest...

Day 8

Monday 9th July

Castro viewpoint (pre-breakfast). Pola de Somiedo – Asturias Airport to London

Weather: Cloudy & dry

Some of us started earlier today in order to go on a pre-breakfast excursion up in the mountains; though we were a bit disappointed when realised that a heavy mist was covering the lower valleys. We pushed our luck and went out anyway and drove up out Pola de Somiedo heading north to the village of Castro. From there, we scanned the rocky face of the mountains right across the village waiting for big mammals to turn up! We had a great show performed by two beautiful Chamois playing and running along the very steep rocky face of the gully. We admired their versatile ability to move up and down on such steep rocks and loose terrain, truly amazing! As the time went by – and with no signs of the elusive Cantabrian bear – we decided to hang up our binoculars and drive back to Pola in order to have breakfast with the rest of the group.

It was another brunch-like breakfast that we all enjoyed. We then packed our suitcases and checked out and said good bye to Pola de Somiedo and its beautiful landscapes and people. We arrived to Asturias airport to fly back home, where we said goodbye to each other...

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Species Lists

Plants

Scientific name	Common name	Location
PTERIDOPHYTES		
FERNS & ALLIES		
Equisetaceae	Horestail Family	
<i>Equisetum arvense</i>	Field Horsetail	Valle de Lago
<i>Equisetum fluviatile</i>	Water Horsetail	Valle de Lago
<i>Equisetum palustre</i>	Marsh Horsetail	El Puerto de Somiedo
<i>Equisetum telmateia</i>	Great Horsetail	Valle de Lago
Adiantaceae	Maidenhair Fern Family	
<i>Adiantum capillus-veneris</i>	Maidenhair Fern	Castro Trail - damp rock faces
Aspleniaceae	Spleenwort family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Castro Trail - rock crevices
<i>Asplenium ruta-muraria</i>	Wall Rue	Castro Trail - rock crevices
<i>Asplenium viride</i>	Green Spleenwort	Saliencia, higher rock crevices
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Castro Trail - rock crevices
<i>Ceterach officinarum</i>	Rustyback	Castro Trail - rock crevices
<i>Phyllitis scolopendrium</i>	Hart's-tongue Fern	Castro Trail - shade
Blechnaceae	Hard-fern Family	
<i>Blechnum spicant</i>	Hard-fern	Puerto de Somiedo, near stream
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	Castro Trail
Dryopteridaceae	Buckler-fern Family	
<i>Dryopteris affinis</i>	Scaly Buckler-fern	Common in shady places
<i>Dryopteris filix-mas</i>	Male-fern	Woods
<i>Polystichum aculeatum</i>	Hard Shield-fern	Castro Trail
<i>Polystichum lonchitis</i>	Holly-fern	Saliencia
<i>Polystichum setiferum</i>	Soft Shield-fern	Castro Trail
Ophioglossaceae	Adder's-tongue Family	
<i>Botrychium lunaria</i>	Moonwort	Valle del Lago
Polypodiaceae	Polypody Family	
<i>Polypodium australe</i>	Southern Polypody	Castro Trail
<i>Polypodium vulgare agg</i>	Common Polypody	Castro Trail
Woodsiaceae	Lady-fern Family	
<i>Athyrium filix-femina</i>	Lady Fern	Pineda Road
<i>Cystopteris fragilis</i>	Brittle Bladder-fern	Saliencia
PINOPIIDA (GYMNOSPERMS)		
CONIFERS		
Cupressaceae	Juniper Family	
<i>Juniperus communis</i>	Common Juniper	Piedrafita de Babia

Scientific name	Common name	Location
<i>Juniperus communis</i> subsp. <i>alpina</i>	Dwarf Juniper	Puerto de Somiedo
<i>Juniperus sabina</i>	Savin	Saliencia: above upper lake
Pinaceae	Pine Family	
<i>Pinus nigra</i> subsp. <i>nigra</i>	Austrian or Black Pine	Piedrafita de Babia
<i>Pinus sylvestris</i>	Scots Pine	Piedrafita de Babia

MAGNOLIOPSIDA (ANGIOSPERMS)**FLOWERING PLANTS****Magnoliidae (Dicotyledons)**

Aceraceae	Maple Family	
<i>Acer pseudoplatanus</i>	Sycamore	Common in woods
Apiaceae	Carrot Family	
<i>Anthriscus sylvestris</i>	Cow Parsley	Valle del Lago
<i>Astrantia major</i>	Greater Masterwort	Valle del Lago
<i>Bupleurum baldense</i>	Small Hare's-ear	Aguino Viewpoint
<i>Bupleurum ranunculoides</i>	Three-veined Hare's-ear	Aguino Viewpoint
<i>Carum carvi</i>	Caraway	Valle del Lago
<i>Chaerophyllum hirsutum</i>	Hairy Chervil	Above La Peral
<i>Conium maculatum</i>	Hemlock	Valle del Lago
<i>Conopodium majus</i>	Pignut	Puerto de Somiedo
<i>Conopodium sp</i>		
<i>Daucus carota</i>	Wild Carrot	Pineda Road
<i>Dethawia tenuifolia</i>	Dethawia	Puerto de Somiedo
<i>Foeniculum vulgare</i>	Fennel	Roadsides, lower valleys
<i>Heracleum sphondylium</i>	Hogweed	Valle del Lago
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Saliencia
<i>Laserpitium nestleri</i>	A Broad-leaved Sermountain	Aguino Viewpoint
<i>Myrrhis odorata</i>	Sweet Cicely	Saliencia
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Valle del Lago
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Castro Trail
<i>Seseli libanotis</i>	Moon Carrot	
<i>Silenum pyrenaicum</i>	Pyrenean Angelica	
<i>Torilis japonica</i>	Upright Hedge-parsley	Roadsides
<i>Trinia glauca</i>	Honewort	Saliencia
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Castro Trail
Asteraceae	Daisy Family	
<i>Achillea millefolium</i>	Yarrow	Common
<i>Adenostyles alliariae</i>	Adenostyles	Above La Peral
<i>Anthemis arvensis</i>	Corn Chamomile	Castro Trail
<i>Arctium lappa</i>	Greater Burdock	Saliencia
<i>Amoseris minimus</i>	Lamb's Succory	Puerto de Somiedo
<i>Aster alpinus</i>	Alpine Aster	Castro Trail
<i>Athamanta cretensis</i>	Athamanta	Saliencia
<i>Bellis perennis</i>	Daisy	Common
<i>Carduncellus mitissimus</i>	A stemless blue Knapweed	Castro Trail
<i>Carduus carlinioides</i>	Pyrenean Thistle	Saliencia
<i>Carduus defloratus</i> subsp. <i>argemone</i>	Carline-leaved Thistle	Castro Trail
<i>Carduus nutans</i>	Musk Thistle	Saliencia

Scientific name	Common name	Location
<i>Carduus personata</i>	Greater Marsh Thistle	Valle del Lago
<i>Carduus tenuiflorus</i>	Slender Thistle	Castro Trail
<i>Carlina vulgaris</i>	Carlina Thistle	Castro Trail
<i>Centaurea lagascana</i> subsp. <i>lagascana</i>	A stemless cream Knapweed	Castro Trail
<i>Centaurea nigra</i>	Black Knapweed	Common
<i>Centaurea scabiosa</i>	Greater Knapweed	Common
<i>Centaurea triumfetti</i>	A Perennial Cornflower	Above La Peral
<i>Cicerbita plumieri</i>	A Blue Sowthistle	Saliencia
<i>Cichorium intybus</i>	Chicory	Roadside back from Saliencia
<i>Cirsium dissectum</i>	Meadow Thistle	Valle del Lago
<i>Cirsium eriophorum</i>	Woolly Thistle	Valle del Lago
<i>Cirsium heterophyllum</i>	Melancholy Thistle	Castro Trail
<i>Cirsium palustre</i>	Marsh Thistle	Puerto de Somiedo
<i>Cirsium rivulare</i>	Brook Thistle	Valle del Lago
<i>Crepis albida</i> subsp. <i>asturica</i>		Saliencia
<i>Crepis pyrenaica</i>		Castro Trail
<i>Doronicum austriacum</i>	Austrian Leopard's-bane	Piedrafita de Babia
<i>Doronicum carpetanum</i>	a Leopard's-bane	Saliencia
<i>Doronicum plantagineum</i>	Leopard's-bane	Valle del Lago
<i>Hieracium mixtum</i>	a Woolly Hawkweed	Saliencia
<i>Inula montana</i>		Piedrafita de Babia
<i>Jurinea humilis</i>	Jurinea	Castro Trail - rocky places
<i>Leontodon hispidus</i>	Rough Hawkbit	Valle del Lago
<i>Leucanthemum vulgare</i>	Ox-eye daisy	Valle del Lago
<i>Onopordum acanthium</i>	Cotton Thistle	Near Saliencia
<i>Pilosella officinarum</i> agg.	Mouse-eared Hawkweed	Castro Trail
<i>Rhaponticum coniferum</i> (<i>Leuzia coniferum</i>)	Cone Knapweed	Castro Trail
<i>Senecio doronicum</i>	Chamois Ragwort	Saliencia - higher area
<i>Senecio squalidus</i>	Rock Ragwort	Saliencia
<i>Senecio tournefortii</i>	Pyrenean Ragwort	Saliencia - higher path
<i>Sonchus oleraceus</i>	Smooth Sow-thistle	Roadsides
<i>Taraxacum</i> agg.	Dandelion	Common on verges
<i>Tragopogon crocifolius</i>	a Goat's-beard	Piedrafita de Babia
<i>Tragopogon dubium</i>	a Goat's-beard	Saliencia
<i>Tragopogon pratensis</i>	Goat's-beard	La Peral Viewpoint
Aquifoliaceae	Holly Family	
<i>Ilex aquifolium</i>	Holly	Castro Trail
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Castro Trail
Berberidaceae	Barberry Family	
<i>Berberis vulgaris</i>	Barberry	Saliencia
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Alder	Roadsides
<i>Betula alba</i> (<i>Betula pubescens</i> subsp. <i>celtibérica</i>)	Downy Birch	Saliencia
Boraginaceae	Forget-me-not Family	
<i>Echium vulgare</i>	Viper's-bugloss	Saliencia
<i>Glandora diffusa</i> (<i>Lithodora diffusa</i>)	Scrambling Gromwell	Aguino Viewpoint
<i>Myosotis alpestris</i>	Alpine Wood Forget-me-not	Saliencia

Scientific name	Common name	Location
<i>Myosotis martini</i>	a Forget-me-not	Puerto de Somiedo
<i>Pentaglottis sempervirens</i>	Green Alkanet	Valle del Lago
Brassicaceae	Cabbage Family	
<i>Arabis hirsuta</i>	Hairy Rock-cress	Scattered
<i>Biscutella laevigata</i>	Buckler Mustard	Castro Trail
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Scattered
<i>Cardamine raphanifolia</i> subsp. <i>gallaecica</i>	Radish-leaved Bitter-cress	Puerto di Somiedo
<i>Erysimum duriaei</i>	an endemic Treacle-mustard	Saliencia
<i>Iberis carnosa</i> subsp. <i>carnosa</i> (<i>I. prutii</i>)	A Candytuft	Castro Trail
<i>Matthiola fruticosa</i>	Sad Stock	Castro Trail
<i>Sisymbrium austriacum</i>	Austrian Rocket	Scattered
Campanulaceae	Bellflower Family	
<i>Campanula arvatica</i>	an endemic Bellflower	
<i>Campanula cantabrica</i>	an endemic Bellflower	Rock face above Valle del Lago
<i>Campanula rapunculoides</i>	Creeping Bellflower	Widespread
<i>Campanula rapunculus</i>	Rampion Bellflower	Valle del Lago
<i>Campanula rotundifolia</i>	Harebell	Saliencia
<i>Campanula scheuchzeri</i>	Scheuchz's Bellflower	Saliencia
<i>Jasione montana</i>	Mountain Sheep's-bit	Puerto di Somiedo
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Piedrafita de Babia
Cannabaceae	Hemp Family	
<i>Humulus lupulus</i>	Hop	Pineda Road
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera periclymenum</i>	Honeysuckle	Common in woods
<i>Sambucus nigra</i>	Elderberry	Pineda Road
Caryophyllaceae	Pink Family	
<i>Arenaria erinacea</i>	a Sandwort	Saliencia
<i>Arenaria grandiflora</i>	Large-flowered Sandwort	Saliencia
<i>Arenaria purpurascens</i>	Pink Sandwort	Saliencia
<i>Arenaria serpyllifolia</i> subsp. <i>serpyllifolia</i>	Thyme-leaved Sandwort	Castro Trail
<i>Cerastium arvense</i>	Field Mouse-ear	Valle del Lago
<i>Dianthus deltoides</i>	Maiden Pink	Saliencia
<i>Dianthus langeanus</i>	a Pink	La Farrapona (Saliencia)
<i>D. hyssopifolius</i> ssp. <i>hyssopifolius</i> (<i>D. superbus</i>)	Superb Pink	Saliencia
<i>Herniaria glabra</i>	Smooth Rupturewort	Puerto di Somiedo
<i>Herniaria latifolia</i>	a Fringed Rupturewort	Saliencia
<i>Petrocoptis pyrenaica</i> subsp. <i>glaucifolia</i>	Pyrenean Petrocoptis	Castro Trail
<i>Petrorhagia nanteuilii</i>	Childing Pink	Castro Trail
<i>Scleranthus annua</i>	Annual Knawel	Puerto di Somiedo
<i>Scleranthus perennis</i>	Perennial Knawel	Puerto di Somiedo
<i>Silene nutans</i>	Nottingham Catchfly	Aguino Viewpoint
<i>Silene saxifraga</i>	Tufted Catchfly	La Peral
<i>Stellaria media</i>	Common Chickweed	Valle del Lago
Cistaceae	Rock-rose Family	
<i>Helianthemum apenninum</i> subsp. <i>cantabricum</i>	a grey-leaved, yellow Rockrose	Saliencia
<i>Helianthemum nummularium</i>	Rock-rose	La Peral
<i>Helianthemum oelandicum</i> subsp. (<i>in</i>) <i>canum</i>	Hoary Rock-rose	Saliencia

Scientific name	Common name	Location
Clusiaceae <i>Hypericum richeri</i> subsp. <i>burseri</i>	St. John's-wort Family Alpine St. John's-wort	Puerto di Somiedo
Convolvulaceae <i>Cuscuta epithymum</i>	Bindweed Family Dodder	Anguino Viewpoint
Crassulaceae <i>Sedum album</i> <i>Sedum anglicum</i> <i>Sedum brevifolium</i> <i>Sedum dasyphyllum</i> <i>Sedum forsterianum</i> <i>Sedum sexangulare</i> <i>Sempervivum vicentei</i> <i>Umbilicus heylandianus</i>	Stonecrop Family White Stonecrop English Stonecrop Short-leaved Stonecrop Fat-leaved Stonecrop Rock Stonecrop Tasteless Stonecrop a Houseleek a very tall Navelwort	Widespread Puerto di Somiedo Castro Trail Castro Trail Anguino Viewpoint Castro Trail Valle del Lago Castro Trail
Dipsacaceae <i>Scabiosa columbaria</i>	Teasel Family Small Scabious	Widespread
Droseraceae <i>Drosera rotundifolia</i>	Sundew Family Round-leaved Sundew	Puerto di Somiedo
Ericaceae <i>Arctostaphylos uva-ursi</i> <i>Arbutus unedo</i> <i>Daboecia cantabrica</i> <i>Erica arborea</i> <i>Erica australis</i> <i>Erica lusitanica</i> <i>Erica tetralix</i> <i>Erica vagans</i> <i>Vaccinium myrtillus</i>	Heather Family Bearberry Strawberry Tree St. Dabeoc's Heath Tree Heath Spanish Heath Portuguese Heath Cross-leaved Heath Cornish Heath Bilberry	Saliencia Castro Trail Puerto di Somiedo Puerto di Somiedo Puerto di Somiedo Saliencia Puerto di Somiedo Aguino Viewpoint Saliencia
Euphorbiaceae <i>Euphorbia hyberna</i> subsp. <i>hyberna</i>	Spurge Family Irish Spurge	Saliencia
Fabaceae <i>Anthyllis vulneraria</i> subsp. <i>alpestris</i> <i>Astragalus monspessulanus</i> <i>Chamaespartium sagittale</i> <i>Cytisus scoparius</i> <i>Genista florida</i> <i>Genista hispanica</i> subsp. <i>occidentalis</i> <i>Genista micrantha</i> <i>Genista obtusiramea</i> <i>Lathyrus bauhini</i> <i>Lathyrus pratensis</i> <i>Lotus alpinus</i> <i>Lotus corniculatus</i> <i>Medicago sativa</i> <i>Ononis pusilla</i> <i>Ononis reclinata</i> <i>Pterospartum tridentatum</i> subsp. <i>cantabricum</i>	Pea Family a usually pink Kidney Vetch False Vetch Winged Greenweed Common Broom Spanish Gorse Meadow Vetchling Alpine Bird's-foot Trefoil Bird's-foot Trefoil	Widespread Saliencia Puerto di Somiedo Aguino Viewpoint Puerto di Somiedo Puerto di Somiedo Puerto di Somiedo Saliencia Valle del Lago Saliencia Puerto di Somiedo Castro Trail Castro Trail Piedrafita de Babia Saliencia

Scientific name	Common name	Location
<i>Trifolium pratense subsp. pratense</i>	Red Clover	Common
<i>Trifolium repens</i>	White Clover	Common
<i>Vicia cracca</i>	Tufted Vetch	Widespread
<i>Vicia pyrenaica</i>	Pyrenean Vetch	Saliencia
<i>Vicia villosa</i>	Fodder Vetch	Piedrafita de Babia village
Fagaceae	Oak and Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	Roadsides
<i>Fagus sylvatica</i>	Beech	Common
<i>Quercus faginea</i>		Castro Trail
<i>Quercus ilex</i>	Holm Oak	Common
<i>Quercus petraea</i>	Sessile Oak	Common
Gentianaceae	Gentian Family	
<i>Centaureum erythraea</i>	Centaury	Castro Trail
<i>Centaureum somedanum</i>	Somiedo Centaury	Castro Trail
<i>Gentiana lutea var aurantiaca</i>	Yellow (Orange) Gentian	Saliencia
<i>Gentiana verna</i>	Spring Gentian	Saliencia
Geraniaceae	Crane's-bill Family	
<i>Erodium cicutarium</i>	Common Stork's-bill	Valle del Lago
<i>Erodium glandulosum</i>	Rock Stork's-bill	Saliencia
<i>Geranium cinereum</i>	Ashy Crane's-bill	Above La Peral
<i>Geranium purpureum</i>	Little Robin	Castro Trail
<i>Geranium pyrenaicum</i>	Hedgerow Crane's-bill	Widespread
<i>Geranium robertianum</i>	Herb-robert	Widespread
<i>Geranium sanguineum</i>	Crane's-bill	Widespread
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Saliencia
Globulariaceae	Globularia Family	
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Saliencia
<i>Globularia repens</i>	a prostrate Globularia	Saliencia
Grossulariaceae	Gooseberry Family	
<i>Ribes petraeum</i>	Rock Redcurrant	La Peral
Lamiaceae	Dead-nettle Family	
<i>Acinos alpinus</i>	Alpine Calamint	Saliencia
<i>Clinopodium vulgare</i>	Wild Basil	Widespread
<i>Galeopsis ladanum subsp angustifolia</i>	Narrow-leaved Hemp-nettle	Pineda Road
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Castro Trail
<i>Horminium pyrenaicum</i>	Dragonmouth	Saliencia
<i>Lamium album</i>	White Dead-nettle	Valle del Lago
<i>Origanum vulgare subsp. virens</i>	White Oregano	Pineda Road
<i>Prunella x dissecta (P. grandiflora x P. laciniata)</i>	Hybrid Self-heal	Puerto di Somiedo
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Puerto di Somiedo
<i>Prunella laciniata</i>	Cut-leaved Self-heal	Puerto di Somiedo
<i>Prunella vulgaris</i>	Self-heal	Puerto di Somiedo
<i>Salvia pratensis</i>	Meadow Clary	Piedrafita de Babia
<i>Sideritis hyssopifolia</i>	Sideritis	Saliencia
<i>Teucrium chamaedrys</i>	Wall Germander	Piedrafita de Babia
<i>Teucrium pyrenaica</i>	Pyrenean Germander	Widespread
<i>Teucrium scorodonia</i>	Wood Sage	Castro Trail

Scientific name	Common name	Location
<i>Thymus mastichiana</i> <i>Thymus praecox</i>	Round-headed (white) Thyme a Wild Thyme	Piedrafita de Babia Widespread
Lentibulariaceae <i>Pinguicula grandiflora</i> subsp. <i>grandiflora</i>	Bladderwort Family Large-flowered Butterwort	Castro Trail
Linaceae <i>Linum catharticum</i> <i>Linum narbonense</i> <i>Linum strictum</i> <i>Linum suffruticosum</i>	Flax Family Purging / Fairy Flax Beautiful Flax Upright Flax Sticky Flax	Puerto di Somiedo Saliencia Castro Trail Puerto di Somiedo
Malvaceae <i>Malva moschata</i> <i>Malva sylvestris</i> <i>Malva parviflora</i>	Mallow Family Musk Mallow Common Mallow Least Mallow	Common Valle del Lago Puerto di Somiedo
Menyanthaceae <i>Menyanthes trifoliata</i>	Bogbean Family Bogbean	Puerto di Somiedo
Onagraceae <i>Epilobium alsinifolium</i> <i>Epilobium cf duriaei</i>	Willowherb Family Chickweed Willowherb a Willowherb	Castro Trail Puerto di Somiedo
Orobanchaceae <i>Orobanche caryophyllacea</i> <i>Orobanche hederace</i> <i>Orobanche minor</i>	Broomrape Family Clove-scented Broomrape Ivy Broomrape Common Broomrape	Castro Trail Castro Trail Castro Trail
Oxalidaceae <i>Oxalis acetosella</i>	Wood Sorrel Family Wood Sorrel	Castro Trail
Papaveraceae <i>Papaver rhoeas</i>	Poppy Family Common Poppy	Roadsides, occasional
Plantaginaceae <i>Plantago alpina</i> <i>Plantago lanceolata</i> <i>Plantago major</i> <i>Plantago media</i>	Plantain Family Alpine Plantain Ribwort Plantain Greater Plantain Hoary Plantain	Puerto di Somiedo Waste ground Waste ground La Peral
Plumbaginaceae <i>Armeria cantabrica</i>	Thrift Family a Mountain Thrift	Saliencia
Polygalaceae <i>Polygala nicaeensis</i> <i>Polygala serpyllifolia</i> <i>Polygala vulgaris</i>	Milkwort Family Nice Milkwort Thyme-leaved Milkwort Common Milkwort	Saliencia Puerto di Somiedo Castro Trail
Polygonaceae <i>Persicaria bistorta</i> <i>Persicaria vivipara</i> <i>Rumex acetosa</i>	Knotweed Family Bistort Alpine Bistort Sorrel	Valle del Lago Saliencia Valle del Lago

Scientific name	Common name	Location
<i>Rumex acetosella</i>	Sheep's Sorrel	Puerto di Somiedo
<i>Rumex pulcher</i>	Fiddle Dock	Piedrafita de Babia
<i>Rumex scutatus</i>	French Sorrel	Valle del Lago
Primulaceae	Primrose Family	
<i>Anagallis arvensis</i>	Scarlet Pimpernel	Castro Trail
<i>Anagallis tenella</i>	Bog Pimpernel	Castro Trail
<i>Androsace villosa</i>	Hairy Rock-jasmine	Saliencia
Ranunculaceae	Buttercup Family	
<i>Anemone pavoniana</i>	Cantabrian Anemone	Saliencia
<i>Aquilegia vulgaris</i>	Common Columbine	Saliencia
<i>Caltha palustris</i>	Marsh Marigold	Puerto di Somiedo
<i>Clematis vitalba</i>	Traveller's Joy	Pineda Road
<i>Helleborus foetidus</i>	Stinking Hellebore	Castro Trail
<i>Helleborus viridis subsp. occidentalis</i>	Green Hellebore	Puerto di Somiedo
<i>Pulsatilla alpina subsp. cantabrica</i>	an Alpine Pasque Flower	Saliencia
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Saliencia
<i>Ranunculus acris</i>	Meadow Buttercup	Meadows
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	Meadows
<i>Ranunculus flammula</i>	Lesser Spearwort	Puerto di Somiedo
<i>Thalictrum aquilegifolium</i>	Greater Meadow-rue	Saliencia
<i>Thalictrum minus</i>	Lesser Meadow-rue	Valle del Lago
<i>Trollius europaeus</i>	Globeflower	Saliencia
Resedaceae	Mignonette Family	
<i>Reseda luteola</i>	Weld	Piedrafita de Babia
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buckthorn	Saliencia
<i>Rhamnus pumila</i>	Dwarf Buckthorn	Saliencia
Rosaceae	Rose Family	
<i>Alchemilla hoppeaniformis</i>	an Alpine Lady's-mantle	Saliencia
<i>Alchemilla sp</i>	a Lady's-mantle	Puerto di Somiedo
<i>Geum sylvaticum</i>	a Pyrenean Avens	Piedrafita de Babia
<i>Potentilla asturica</i>	a yellow Cinquefoil	Saliencia
<i>Potentilla erecta</i>	Tormentil	Puerto di Somiedo
<i>Potentilla montana</i>	a white Cinquefoil	Puerto di Somiedo
<i>Rosa canina agg</i>	Dog Rose	Valle del Lago
<i>Rosa cf villosa</i>	a Rose	Saliencia
<i>Sanguisorba minor agg.</i>	Salad Burnet	La Peral
<i>Sorbus aria</i>	Whitebeam	Aguino Viewpoint
Rubiaceae	Bedstraw Family	
<i>Asperula cynanchica</i>	Squinancywort	Aguino Viewpoint
<i>Cruciata glabra</i>	a Crosswort	Castro Trail
<i>Galium lucidum</i>	a Bedstraw	Piedrafita de Babia
<i>Galium saxatile</i>	Rock Bedstraw	Puerto di Somiedo
<i>Galium verum</i>	Ladies Bedstraw	La Peral
Santalaceae	Sandalwood Family	
<i>Thesium pyrenaicum</i>	Pyrenean Bastard Toadflax	Saliencia

Scientific name	Common name	Location
Saxifragaceae		
<i>Chrysosplenium oppositifolium</i>	Opposite-leaved Golden Saxifrage	Pineda Road
<i>Saxifraga babiana</i>	a Saxifrage	Piedrafita de Babia
<i>Saxifraga canaliculata</i>	a Saxifrage	Saliencia
<i>Saxifraga conifera</i>	a Saxifrage	Saliencia
<i>Saxifraga granulata</i>	Meadow Saxifrage	Saliencia
<i>Saxifraga hirsuta</i>	Kidney Saxifrage	Castro Trail
<i>Saxifraga paniculata</i>	Live-long Saxifrage	Saliencia
<i>Saxifraga spathularis</i>	St. Patrick's Cabbage	Saliencia
<i>Saxifraga stellaris</i>	Starry Saxifrage	Saliencia
<i>Saxifraga trifurcata</i>	a Saxifrage	Piedrafita de Babia
Scrophulariaceae		
<i>Anarrhinum bellidifolium</i>		Castro Trail
<i>Antirrhinum braun-blauquetii</i>	a Snapdragon	Castro Trail
<i>Chaenorhinum origanifolium</i>	Chaenorhinum	Castro Trail
<i>Digitalis parviflora</i>	Small-flowered Brown Foxglove	Saliencia
<i>Digitalis purpurea</i>	Foxglove	Saliencia
<i>Erinus alpinus</i>	Fairy Foxglove	Saliencia
<i>Horminum pyrenaicum</i>	Dragonmouth	Saliencia
<i>Linaria supina</i>	Pyrenean Toadflax	Saliencia
<i>Melampyrum pratense subsp latifolium</i>	a Cow-wheat	Castro Trail
<i>Pedicularis comosa</i>	Crested Lousewort	Saliencia
<i>Pedicularis mixta</i>	a Lousewort	Puerto di Somiedo
<i>Pedicularis pyrenaica</i>	Pyrenean Lousewort	Saliencia
<i>Pedicularis sylvatica</i>	Lousewort	Puerto di Somiedo
<i>Rhinanthus minor agg.</i>	Hay Rattle	Castro Trail
<i>Scrophularia alpestris</i>	Alpine Figwort	Saliencia
<i>Verbascum lychnitis</i>	White Mullein	Valle del Lago
<i>Verbascum phlomoides</i>	Orange Mullein	Saliencia
<i>Verbascum pulverulentum</i>	Hoary Mullein	Aguino Viewpoint
<i>Verbascum virgatum</i>	a Mullein	Saliencia
<i>Veronica officinalis</i>	Heath Speedwell	Saliencia
<i>Veronica ponae</i>	Spiked Pyrenean Speedwell	Saliencia
Thymelaeaceae		
<i>Daphne laureola</i>	Spurge Laurel	Puerto di Somiedo
<i>Daphne mezereum</i>	Mezereon	Castro Trail
Tiliaceae		
<i>Tilia platyphyllos</i>	Lime	Castro Trail
Urticaceae		
<i>Urtica dioica</i>	Common Nettle	Valle del Lago
Valerianaceae		
<i>Centranthus lecoqii</i>	Narrow-leaved Red Valerian	Castro Trail
<i>Valeriana apula</i>	a dwarf Valerian	Saliencia
<i>Valeriana pyrenaica</i>	Pyrenean Valerian	Valle del Lago
<i>Valeriana tripteris</i>	Three-leaved Valerian	Saliencia
Violaceae		
<i>Viola bubanii</i>	a Horned Pansy	Valle del Lago

Scientific name	Common name	Location
<i>Viola cornuta</i>	Horned Pansy	Valle del Lago
Liliidae (Monocotyledons)		
Cyperaceae	Sedge Family	
<i>Eriophorum angustifolium</i>	Common Cotton-grass	Valle del Lago
Dioscoreaceae	Black Bryony Family	
<i>Tamus communis</i>	Black Bryony	Pineda Road
Iridaceae	Iris Family	
<i>Iris latifolia</i>	English Iris	Roadsides
Juncaceae	Rush Family	
<i>Luzula lactea</i>	a white Wood-rush	Puerto di Somiedo
Liliaceae	Lily Family	
<i>Allium roseum</i>	Rosy Garlic	Valle del Lago
<i>Allium sphaerocephalon</i>	Round-headed Leek	Widespread
<i>Allium victorialis</i>	Alpine Leek	Saliencia
<i>Asphodelus albus</i>	White Asphodel	Saliencia
<i>Lilium martagon</i>	Martagon Lily	Valle del Lago
<i>Ornithogalum bourgaeum</i>	a Star of Bethlehem	Piedrafita de Babia
<i>Ornithogalum pyrenaicum</i>	Bath Asparagus	La Peral Viewpoint
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Castro Trail
<i>Veratrum album</i>	White False Helleborine	Saliencia
Orchidaceae	Orchid Family	
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid	Widespread
<i>Cephalanthera rubra</i>	Red Helleborine	Pineda Road
<i>Coeloglossum viride</i>	Frog Orchid	Saliencia
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	Widespread
<i>Dactylorhiza incarnata</i>	Early Marsh Orchid	Puerto di Somiedo
<i>Dactylorhiza maculata</i>	Heath Spotted Orchid	Puerto di Somiedo
<i>Epipactis atrorubens</i>	Dark Red Helleborine	Saliencia
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Castro Trail
<i>Epipactis palustris</i>	Marsh Helleborine	Castro Trail
<i>Gymnadenia conopsea</i> agg.	Fragrant Orchid	Widespread
<i>Gymnadenia gabasiana</i>	Short-spurred Fragrant Orchid	Saliencia
<i>Himantoglossum hircinum</i>	Lizard Orchid	Saliencia
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Valle del Lago
<i>Neottia ovata</i>	Twayblade	Saliencia
<i>Ophrys apifera</i>	Bee Orchid	Aguino Viewpoint
<i>Ophrys insectifera</i>	Fly Orchid	Piedrafita de Babia
<i>Orchis anthropophorum</i>	Man Orchid	Saliencia
<i>Orchis ustulata</i>	Burnt Orchid	Saliencia
Poaceae	Grass Family	
<i>Arrhenatherum elatius</i>	False Oat-grass	Valle del Lago
<i>Brachypodium sylvaticum</i>	False Brome	Valle del Lago
<i>Briza media</i>	Quaking-grass	Valle del Lago
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Festuca glauca</i>	Blue Fescue	Saliencia

Scientific name	Common name	Location
<i>Festuca rubra</i> agg.	Red Fescue	Saliencia
<i>Lolium perenne</i>	Perennial Rye-grass	Valle del Lago
<i>Melica ciliata</i>	Wood Melick	Pineda Road
<i>Phleum pratense</i>	Timothy	Valle del Lago
<i>Poa alpina</i>	Alpine Meadow-grass	Saliencia
<i>Poa bulbosa</i> var. <i>vivipara</i>	Bulbous Meadow-grass	Saliencia
<i>Poa nemoralis</i>	Wood Meadow-grass	Castro Trail

Birds (✓=recorded but not counted; h = heard only)

	Common name	Scientific name	July							
			2	3	4	5	6	7	8	9
1	White Stork	<i>Ciconia ciconia</i>				✓				
2	Mallard	<i>Anas platyrhynchos</i>							✓	
3	Eurasian Wigeon	<i>Anas penelope</i>							✓	
4	Griffon Vulture	<i>Gyps fulvus</i>	✓	✓	✓	✓	✓	✓	✓	✓
5	Egyptian Vulture	<i>Neophron percnopterus</i>	✓		✓	✓	✓		✓	
6	Golden Eagle	<i>Aquila chrysaetos</i>	✓					✓		
7	Short-toed Eagle	<i>Circaetus gallicus</i>		✓	✓	✓			✓	
8	Red Kite	<i>Milvus milvus</i>				✓				
9	Black Kite	<i>Milvus migrans</i>				✓				
10	Hen Harrier	<i>Circus cyaneus</i>		✓						
11	Montagu's Harrier	<i>Circus pygargus</i>		✓				✓		
12	Common Buzzard	<i>Buteo buteo</i>	✓	✓	✓	✓	✓	✓	✓	✓
13	Goshawk	<i>Accipiter gentilis</i>				✓				
14	Common Kestrel	<i>Falco tinnunculus</i>		✓	✓					
15	Grey Partridge	<i>Perdix perdix</i>							✓	
16	Common Quail	<i>Coturnix coturnix</i>		✓				h		
17	Water Rail	<i>Rallus aquaticus</i>							h	
18	Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓	✓	✓	✓	✓	✓
19	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓	✓						✓
20	Tawny Owl	<i>Strix aluco</i>							✓	
21	European Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
22	Green Woodpecker	<i>Picus viridis</i>	h			h				
23	Great Spotted Woodpecker	<i>Dendrocopos major</i>					h			
24	Skylark	<i>Alauda arvensis</i>		✓				h		
25	Crag Martin	<i>Ptyonoprogne rupestris</i>	✓	✓	✓		✓	✓	✓	✓
26	Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓		✓	✓
27	House Martin	<i>Delichon urbica</i>	✓	✓	✓	✓	✓	✓	✓	✓
28	Water Pipit	<i>Anthus spinoletta</i>		✓	✓			✓	✓	
29	Meadow Pipit	<i>Anthus pratensis</i>			h					
30	Tree Pipit	<i>Anthus trivialis</i>		✓		✓	✓	✓		
31	White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	✓
32	Grey Wagtail	<i>Motacilla cinerea</i>	✓	✓	✓		✓	✓	✓	✓
33	Wren	<i>Troglodytes troglodytes</i>		✓	✓	✓		h		
34	Dipper	<i>Cinclus cinclus</i>		✓	✓	✓	✓	✓	✓	✓
35	Dunnock	<i>Prunella modularis</i>		✓	✓	✓		✓	✓	
36	Alpine Accentor	<i>Prunella collaris</i>			✓				✓	
37	Robin	<i>Erithacus rubecula</i>		✓	h	✓	✓	✓	✓	✓
38	Black Redstart	<i>Phoenicurus ochruros</i>	✓		✓	✓	✓	✓	✓	✓
39	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓	✓			✓	✓	

	Common name	Scientific name	July							
			2	3	4	5	6	7	8	9
40	Stonechat	<i>Saxicola torquata</i>		✓	✓		✓	✓	✓	
41	Rufous-tailed Rock Thrush	<i>Monticola saxatilis</i>			✓					
42	Song Thrush	<i>Turdus philomelos</i>	✓	h	✓	h	✓			
43	Mistle Thrush	<i>Turdus viscivorus</i>		✓	✓	✓	✓			
44	Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
45	Garden Warbler	<i>Sylvia borin</i>		✓		h	✓	h	✓	
46	Blackcap	<i>Sylvia atricapilla</i>	✓	h	✓	✓	✓	✓	✓	✓
47	Common Whitethroat	<i>Sylvia communis</i>			✓			✓	✓	
48	Sardinian Warbler	<i>Sylvia melanocephala</i>			✓					
49	Bonelli's Warbler	<i>Phylloscopus bonelli</i>		h		✓				
50	Chiffchaff	<i>Phylloscopus collybita</i>			h	h				
51	Iberian Chiffchaff	<i>Phylloscopus ibericus</i>		h			✓			
52	Goldcrest	<i>Regulus regulus</i>				✓				
53	Firecrest	<i>Regulus ignicapillus</i>		✓		h				
54	Spotted Flycatcher	<i>Muscicapa striata</i>					✓	✓		
55	Great Tit	<i>Parus major</i>		✓			✓			
56	Coal Tit	<i>Parus ater</i>			✓	✓		✓		
57	Crested Tit	<i>Parus cristatus</i>				h				
58	Long-tailed Tit	<i>Aegithalos caudatus</i>					✓			
59	Wallcreeper	<i>Tichodroma muraria</i>			✓				✓	
60	Short-toed Treecreeper	<i>Certhia brachydactyla</i>				h				
61	Red-backed Shrike	<i>Lanius collurio</i>		✓				✓		
62	Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	✓	✓
63	Eurasian Jay	<i>Garrulus glandarius</i>	✓	✓	✓	✓	✓	✓	✓	✓
64	Red-billed Chough	<i>Pyrrhocorax Pyrrhocorax</i>	h	✓	✓	✓	✓	✓	✓	
65	Alpine Chough	<i>Pyrrhocorax graculus</i>			✓				h	
66	Carrion Crow	<i>Corvus corone</i>		✓	✓	✓	✓	✓	✓	✓
67	Raven	<i>Corvus corax</i>		✓	✓			✓	✓	
68	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
69	Rock Sparrow	<i>Petronia petronia</i>				✓				
70	Chaffinch	<i>Fringilla coelebs</i>	h	h	h	✓	✓		✓	✓
71	Linnet	<i>Acanthis cannabina</i>		✓	✓	✓		✓	✓	✓
72	Goldfinch	<i>Carduelis carduelis</i>	✓	✓		✓	✓	✓		✓
73	Greenfinch	<i>Carduelis chloris</i>						✓		
74	Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	✓
75	Bullfinch	<i>Pyrrhula pyrrhula</i>						✓		✓
76	Ortolan Bunting	<i>Emberiza hortulana</i>		✓				h		
77	Yellowhammer	<i>Emberiza citrinella</i>		✓			✓	✓	✓	
78	Rock Bunting	<i>Emberiza cia</i>		✓	✓				✓	

Butterflies

1	Swallowtail	<i>Papilio machaon</i>		✓	✓				✓	
2	Large White	<i>Pieris brassicae</i>	✓	✓	✓		✓	✓		
3	Black-veined White	<i>Aporia crataegi</i>						✓		
4	Small White	<i>Artogeia rapae</i>	✓	✓	✓		✓	✓	✓	
5	Green-veined White	<i>Artogeia napi</i>	✓	✓			✓	✓		
6	Bath White	<i>Pontia daplidice</i>	✓							
7	Moroccan Orange Tip	<i>Anthocharis belia</i>						✓		
8	Clouded Yellow	<i>Colias crocea</i>		✓	✓		✓	✓	✓	
9	Berger's Clouded Yellow	<i>Colias alfacariensis</i>							✓	

	Common name	Scientific name	July								
			2	3	4	5	6	7	8	9	
10	Brimstone	<i>Gonepteryx rhamni</i>	✓	✓	✓		✓				
11	Cleopatra	<i>Gonepteryx cleopatra</i>		✓	✓				✓		
12	Wood White	<i>Leptidea sinapsis</i>		✓				✓			
13	Spanish Purple Hairstreak	<i>Leaeosopsis evippus</i>						✓			
14	Green Hairstreak	<i>Callophrys rubi</i>	✓								
15	Purple-edged Copper	<i>Lycaena hippothoe</i>			✓						
16	Purple-shot Copper	<i>Lycaena alciphron</i>							✓		
17	Little Blue	<i>Cupido minimus</i>				✓					
18	Turquoise Blue	<i>Plebicula dorylas</i>		✓							
19	Common Blue	<i>Polyommatus icarus</i>		✓					✓		
20	Common Blue- local race				✓						
21	Red Admiral	<i>Vanessa atalanta</i>			✓			✓	✓		
22	Small Tortoiseshell	<i>Agrias urticae</i>		✓	✓		✓		✓		
23	Silver-washed Fritillary	<i>Argynnis paphia</i>		✓	✓			✓			
24	Weaver's Fritillary	<i>Boloria dia</i>		✓							
25	Queen of Spain Fritillary	<i>Issoria lathonia</i>					✓	✓			
26	Knapweed Fritillary	<i>Melitaea phoebe</i>		✓					✓		
27	Spotted Fritillary	<i>Melitaea didyma</i>		✓							
28	Meadow Fritillary	<i>Mellicta parthenoides</i>		✓	✓		✓		✓		
29	Marbled White	<i>Melanargia galathea</i>	✓	✓		✓		✓			
30	Mountain Ringlet	<i>Erebia epiphron</i>			✓						
31	Piedmont Ringlet	<i>Erebia meolans</i>		✓	✓						
32	Chapman's Ringlet	<i>Erebia palarica</i>		✓							
33	Meadow Brown	<i>Maniola jurtina</i>		✓							
34	Small Heath	<i>Ceononympha pamphilus</i>		✓	✓				✓		
35	Pearly Heath	<i>Ceononympha arcania</i>		✓					✓		
36	Speckled Wood	<i>Parare aegeria aegeria</i>		✓	✓		✓	✓	✓		
37	Large Wall Brown	<i>Lasiommata maera</i>			✓		✓	✓	✓		
38	Wall Brown	<i>Lasiommata megera</i>		✓			✓	✓			
39	Grizzled Skipper	<i>Pyrgus malvae</i>		✓	✓		✓				
40	Small Skipper	<i>Thymelicus sylvestris</i>		✓			✓	✓			

Other invertebrates

1	Golden Plusia	<i>Plusia spp.</i>				✓				
2	Wood Tiger	<i>Parasemia plantaginis</i>			✓					
3	Six spot Burnet	<i>Zygaena filipendulae</i>					✓			
4	Hummingbird Hawk-moth	<i>Macroglossum stellatarum</i>		✓	✓			✓	✓	
5	Jersey Tiger	<i>Euplagia quadripunctaria</i>						✓		
6	Dot Moth	<i>Melanchra persicariae</i>						✓		
7	Mullein Moth's caterpillars							✓		
8	Red-and-black Shield Bug				✓			✓		

Mammals

1	Chamois	<i>Rupicapra rupicapra</i>	✓	✓	✓	✓	✓	✓	✓	✓
2	Red Deer	<i>Cervus elaphus</i>	✓	✓				✓		
3	Wild Boar	<i>Sus scrofa</i>		✓	✓					
4	Red Squirrel	<i>Sciurus vulgaris</i>		✓						
5	European Rabbit	<i>Oryctolagus cuniculus</i>		✓						
6	Snow vole	<i>Chionomys nivalis</i>			✓				✓	
7	Black Rat	<i>Rattus rattus</i>					✓			

	Common name	Scientific name	July							
			2	3	4	5	6	7	8	9
8	Red Fox	<i>Vulpes vulpes</i>							✓	

Amphibians & Reptiles

1	Iberian Rock Lizard	<i>Iberolacerta monticola</i>								✓
2	Grass Snake	<i>Natrix natrix</i>	✓							
3	Common Lizard	<i>Zootoca vivipara</i>		✓				✓		
4	Adder	<i>Vipera berus</i>		✓						
5	Common Toad	<i>Bufo bufo</i>		✓						
6	Common Wall Lizard	<i>Podarcis muralis</i>				✓	✓	✓		
7	Iberian Wall Lizard	<i>Podarcis hispanica</i>					✓			
8	Slow worn	<i>Anguis fragilis</i>					✓			
9	Schreiber's Green Lizard	<i>Lacerta schreiberi</i>		✓						

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