

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

19 - 26 June 2016

Report compiled by David Tattersfield



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Day 1

Sunday 19th June

We arrived in Zurich in the early afternoon and were soon enjoying the comfort of the intercity train. After changing at Bern and Interlaken, we joined the regional train to Lauterbrunnen, following the glacial melt-waters of the Lutschine River, below high limestone cliffs. The last leg of the journey was on the delightful cog-wheel railway to Wengen, where it was just a short walk to our hotel. It had rained for most of our journey, but there were signs of the weather improving. After a delicious evening meal, we discussed the plans for the exciting week ahead, before retiring to bed.

Day 2

Monday 20th June

We woke to a sunny morning and a chilly 5°C. We left at 9.30am and took the cable car to Mannlichen, high above the village. First of all, we identified the commoner plants along the cliff edge, which included the yellow *Primula auricula*, Moss Campion *Silene acaulis* and Net-leaved Willow *Salix reticulata*. We set off to explore a wide range of habitats, as we made our way slowly towards Mannlichen summit, at 2230 metres. As it was still quite early in the season, there were lots of Spring Crocus *Crocus vernus* subsp. *albiflorus*, in blue and white, and many white-flowered Kuepfer's Buttercup *Ranunculus kuepferi*. An astonishing range of plants kept us busy. On north-facing banks and cliffs there was a rich flora, typical of areas where snow lies late into the season. This included a range of dwarf shrubs, such as Net-leaved Willow, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*. Splashes of colour were provided by Bird's-eye Primrose *Primula farinosa*, Moss Campion *Silene acaulis*, Alpine Cinquefoil *Potentilla crantzii* and Spring Gentian *Gentiana verna*. More gems, including Snowdon Lily *Gagea serotina*, tight cushions of Swiss Rock-jasmine *Androsace helvetica*, Moschatel *Adoxa moschatellina* and the tiny rosettes of Dwarf Orchid *Chamorchis alpina*, were found in a steep gully. We continued our slow progress towards the summit, marvelling at the swathes of colour provide by purple Whorled Lousewort *Pedicularis verticillata* and blue Alpine Forget-me-not *Myosotis alpestris*. Near melting snow, we found our first Alpine Snowbells *Soldanella alpina*. Lovely stands of rich-yellow Globeflowers *Trollius europaeus* and pale yellow Alpine Pasqueflower *Pulsatilla alpina* subsp. *apiifolia* were scattered across the slopes. Just over the summit, we found Crimson-tipped Lousewort *Pedicularis oederi* and Alpine Bearberry *Arctostaphylos alpinus*, on the cold north-facing slopes. We returned down the mountain for a coffee break at the Berghaus, while I went off to prepare lunch on a grassy knoll overlooking Grindelwald.

Nearby, we found the exquisite flowers of the Spring Pasqueflower *Pulsatilla vernalis*, near to the edge of melting snow, and pink mats of Trailing Azalea *Kalmia procumbens*. We had regular sightings of Raven, Alpine Chough and a solitary Golden Eagle, and White-winged Snowfinch were nesting on the pylons of the ski-tows. For the rest of the afternoon, we followed an easy path down to Kleine Scheidegg, with views of the Eiger and Monch in front of us. There were many more plants to find and identify and we made slow progress, eventually catching the 5.30pm train back to Wengen.

Day 3

Tuesday 21st June

After overnight rain, it remained mostly dry, with cloud obscuring the mountains. We walked down to Lauterbrunnen, finding plenty of interest. Forest plants included Herb-Paris *Paris quadrifolia* and Whorled

Solomon's-seal *Polygonatum verticillatum* and there were beautiful patches of Dark Columbine *Aquilegia atrata* in the meadows. We arrived in Lauterbrunnen, at 12.30pm and had just enough time for a coffee break, before taking the bus to Trummelbach. We had lunch at a convenient picnic table, by the river, before visiting the Trummelbach Falls. The sights and sounds of the waterfalls were a memorable experience, and we could only marvel at the ingenuity of the Swiss engineering, that allowed us access. Special flora around the falls included Blue Saxifrage *Saxifraga caesia* and the rhizomatous Mountain Bladder-fern *Cystopteris montana*. We had a relaxing coffee break at the cafe, before setting off again, to walk back down the valley to Lauterbrunnen, where we caught the 6pm train back to Wengen. The cloud cleared during dinner to give a wonderful view of the Jungfrau.

Day 4

Wednesday 22nd June

We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren, which sits high on the edge of the cliff, opposite the Trummelbach Falls. It was the lovely sunny day, with unobstructed views of the famous trio of peaks from a completely different angle. After a short stroll through the village, we boarded the funicular railway to Almendhubel, where we continued to enjoy the view, over morning coffee. The vegetation on this side of the valley provided a complete contrast to that we had seen previously. Tall herbs and marshy ground predominated, with thickets of Green Alder *Alnus viridis* and a luxuriant growth of ferns. Stony pasture was home to miniature rock gardens, with a number of interesting plants and Mountain Pansy *Viola lutea* was common, in a variety of colour combinations. Marshy ground was thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis* and, after a little searching, we found a number of Round-headed Orchid *Traunsteinera globosa*, just coming into flower.

After lunch, we followed the Mountain View Trail, firstly across heather-clad slopes and then, further on, over lush pasture, thick with Aconite-leaved Buttercup *Ranunculus acontifolius* and the huge pleated leaves of White False-helleborine, neither plant welcome to the farmers who graze their cows here in summer. We descended through damp thickets of Green Alder and tall herbs. Notable among these were Alpine Leek *Allium victorialis*, Yellow Pea *Lathyrus laevigatus* subsp. *occidentalis* and Alpine Blue-sowthistle *Cicerbita alpina*, which was just starting to show its sky-blue flowers. Our final descent was through forest, where there were large colonies of Lesser Twaybade, and large plants of *Streptopus amplexifolius*. Just below us was Grutschalp station, where we boarded the cable car for the return journey. It had been the perfect day, with wonderful plants and stunning views. We arrived back at the hotel around 7pm.

Day 5

Thursday 23rd June

Again, it remained sunny all day, with a temperature ranging from 15°C, in the mountains, to 27°C, when we returned to Wengen. We took the short train ride to Wengenalp, where we started by exploring the vicinity of the station platform. There were a good number of Early-purple Orchid *Orchis mascula*, on the steep banks and a wet ditch had many Common Spotted-orchid *Dactylorhiza fuchsii*. Frog Orchid *Coeloglossum viride* took a while to locate, its muted colours blending well with its background. Over coffee, we were able to pick out a group of around 20 Ibex on the opposite side of the valley, grazing on the cliffs below the Jungfrau. We walked down through colourful damp meadows to the new chair-lift at Wixi, where we found the deep-blue Bavarian Gentian *Gentiana bavarica* and pink Lady's Smock *Cardamine pratensis*, growing in wet flushes, together with lots of Broad-leaved Marsh-orchid *Dactylorhiza majalis*. The descent to Biglenalp was over hard limestone bedrock and brought new flowers, most notably, the blue *Globularia cordifolia*, Spring Heath *Erica carnea* and Hairy Alpenrose

Rhododendron hirsutum and we were able to compare the large pleated leaves of White False-helleborine *Veratrum album* with those of Great Yellow Gentian *Gentiana lutea*. Special plants encountered in the forest included Coralroot Orchid *Corallorhiza trifida*, One-flowered Wintergreen *Moneses uniflora* and May Lily *Maianthemum bifolium*.

We chose a sunny bank, close to the stream, to have our picnic – the perfect place. Afterwards, we walked through the forest to a rocky hillside, where we were excited to find the first blooms of Lady’s-slipper *Cypripedium calceolus*, in perfect condition. After they had been photographed from every angle, we set off down the valley, past Mettlenalp, a lovely walk through forest and pastures leading eventually back to Wengen, at around 6.30pm. We had covered only four and a half miles during the day, but our legs suggested otherwise.

Day 6

Friday 24th June

After yesterday’s exertions, it was nice to have an easy day. After travelling by train down to Wilderswil, we boarded the delightful train for the steep climb to Schynige Platte. We arrived at 11am and, after a coffee break, spent the rest of the morning exploring the enchanting Alpine Garden, enjoying its natural setting and superb display of plants, each carefully labelled. The whole garden is a great credit to the dedicated team of gardeners that keep it immaculate. After lunch on the station platform, we walked across to a viewpoint, below the Oberberghorn, to look down on Interlaken and the two lakes, the Brienzensee and Thunersee. Alpine Marmots were visible on the slopes below, announcing their presence with their loud alarm calls. The limestone slopes of the Oberberghorn are home to several notable plants, including the robust, yellow Leafy Lousewort *Pedicularis foliosa*, Limestone Fern *Gymnocarpium robertianum* and Rigid Buckler-fern *Dryopteris villarii*. Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris* were flowering on the cliffs above us, and colonies of Angular Solomon’s-seal *Polygonatum odoratum* and Lily-of-the-Valley *Convallaria majalis* grew in profusion on the screes at their base. Just enough time remained to find a few St Bruno’s Lily *Paradisea liliastrum* on the grassy slopes, before we had to return to the station, to catch our train.

Day 7

Saturday 25th June

We had enjoyed good weather all week but it was not to last. There had been thunderstorms and rain overnight, but this cleared as we took trains to Kleine Scheidegg, and on to the Eigergletscher station. Above the station platform, we made our way past the railway tunnel entrance, onto the moraines, below the brooding cliffs and remnants of receding glaciers above us. Although, from a distance, these looked bare and devoid of vegetation, on closer inspection, they were full of colourful alpine treasures. Most attractive among these were Broad-leaved Mouse-ear *Cerastium latifolium*, Mt Cenis Pansy *Viola cenisia* and the deliciously-scented Round-leaved Penny-cress *Thlaspi rotundifolium*. We followed the narrow ridge of the medial moraine back towards the station cafe and it was interesting to see the transition from bare rock to closed turf. There were stunning patches of Moss Campion *Silene acaulis*, beautiful deep-blue Spring Gentians and Large-flowered Leopard’s-bane *Doronicum grandiflorum*, looking somewhat out of place among its tiny neighbours.

We had sunny periods for a couple of hours and enjoyed drinks from the terrace of the station cafe, taking in the incredible views and enjoying the antics of the Alpine Choughs. We climbed the cliff path, across the railway line, and rounded a corner to the start of the North Face Trail and then found a nice flowery meadow in which to have our lunch, which we shared with some very bold Alpine Chough. Shortly afterwards, as we were

continuing down the sharp ridge of the moraine, we were hit by a thunderstorm and the rain came down in torrents for the next two hours. We had little choice but to grit our teeth, put our heads down and take the easiest route down to Kleine Scheidegg. We were soaked to the skin but, down at Wengernalp, we were able to dry off and enjoy delicious home-made apricot tart, that we had ordered earlier in the week. We were early back to the hotel for hot showers and drinks before dinner.

Day 8

Sunday 26th June

The good food and hospitality offered by the Hotel Berghaus had been faultless and we thanked Aldino, Martina and their staff for helping to make such a memorable week. After a relaxed breakfast and packing, we were able to take a last look around, before wandering down to the station to catch the mid-morning train and return to Zurich for the flight home.

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Species Lists

Plants (‡ = cultivated or naturalised)

Plant classification largely follows the familiar 'old' system, likely to be encountered in current floras of the region. Some recent taxonomic changes have been incorporated, where relevant. For ease of reference, families, genera and species are presented in alphabetic order.

Latin Name	Common Name	Notes
LYCOPODIOPSIDA		
Lycopodiaceae		
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp
Selaginellaceae		
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
EQUISETOPSIDA		
Equisetaceae		
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
PTEROPSIDA		
Aspleniaceae		
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Blechnaceae		
<i>Blechnum spicant</i>	Hard-fern	Locally common
Dennstaedtiaceae		
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae		
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris villarii</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Ophioglossaceae		
<i>Botrychium lunaria</i>	Adder's-tongue Family Moonwort	Short turf. Widespread

Latin Name	Common Name	Notes
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Marsh Fern Family Lemon-scented Fern Beech Fern	Green Alder scrub and woods Woods. Occasional
Woodsiaceae <i>Athyrium distentifolium</i> <i>Athyrium filix-femina</i> <i>Cystopteris alpina</i> <i>Cystopteris fragilis</i> <i>Cystopteris montana</i> <i>Woodsia alpina</i>	Lady-fern Family Alpine Lady-fern Lady-fern Alpine Bladder-fern Brittle Bladder-fern Mountain Bladder-fern Alpine Woodsia	Mountain woods. Above Murren Occasional Rare. Grutschalp, Eiger Frequent on rocks Local. Trummelbach Rare. Almendhubel
PINOPSIDA	CONIFERS	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pseudotsuga menziesii</i> ‡	Pine Family European Silver-fir Larch Norway Spruce Dwarf Mountain-pine Scots Pine Douglas Fir	Forests Occasional Forests Tree-line Widespread Forest below Wengen
Taxaceae <i>Taxus baccata</i>	Yew Family Yew	Occasional. Forest
MAGNOLIOPSIDA	FLOWERING PLANTS	
MAGNOLIIDAE	DICOTYLEDONS	
Aceraceae <i>Acer campestre</i> <i>Acer platanoides</i> <i>Acer pseudoplatanus</i>	Maple Family Field Maple Norway Maple Sycamore	Frequent Occasional Common
Adoxaceae <i>Adoxa moschatellina</i>	Moschatel Family Moschatel	Rare. Mannlichen
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i> <i>Heracleum sphondylium</i> <i>Imperatoria ostruthium</i> <i>Laserpitium latifolium</i>	Carrot Family Ground Elder Astrantia Lesser Astrantia Athamanta Starry Hare's-ear Hairy Chervil Hogweed Masterwort Broad-leaved Sermountain	Below Wengen Meadows Locally common Rocky places and moraines Mountain rocks Woods Common Common Trummelbach

Latin Name	Common Name	Notes
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High-mountain pasture
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Green Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i> ‡	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>	A Hawkweed	Common
<i>Hieracium murorum</i>	A Hawkweed	Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>	Hairy Hawkweed	Mannlichen
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture

Latin Name	Common Name	Notes
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doronicum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Scree
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i> ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
Boraginaceae	Borage Family	
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Arabis hirsuta</i>	Hairy Rock-cress	Limestone rocks
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine pentaphyllos</i>	Five-leaflet Bitter-cress	Uncommon. Damp forest
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines
<i>Draba dubia</i>	Austrian Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Woolly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Hesperis matronalis</i> ‡	Dame's Violet	Garden escape
<i>Hugueninia tanacetifolia</i> ‡	Tansy-leaved Rocket	Alpine Garden
<i>Kernera saxatilis</i>	Rock Kernera	Rocks.
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks and scree
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Penny-cress	Moraines and scree
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's-thimble	Scree
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf

Latin Name	Common Name	Notes
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Mountain Rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus ebulus</i>	Dwarf Elder	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
<i>Viburnum lantana</i>	Wayfaring-tree	Woods below Wengen
<i>Viburnum opulus</i>	Guelder-rose	Woods below Wengen
Caryophyllaceae	Pink Family	
<i>Cerastium arvense</i> subsp. <i>strictum</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Dianthus barbatus</i> ‡	Sweet-William	Garden escape
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia ciliata</i>	Creeping Sandwort	Screes
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium bonus-henricus</i>	Good-King-Henry	Frequent weed
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods

Latin Name	Common Name	Notes
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Woods
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i> ‡	Roseroot	Alpine Garden
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum annuum</i>	Annual Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i> ‡	Spanish Stonecrop	Naturalised. Wengen
<i>Sedum spurium</i> ‡	Caucasian Stonecrop	Wengen
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i> ‡	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Cuscutaceae	Dodder Family	
<i>Cuscuta epithymum</i>	Common Dodder	Frequent
Dipsacaceae	Teasel Family	
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Empetraceae	Crowberry Family	
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
Ericaceae	Heather Family	
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Occasional. Mountain turf
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Erica carnea</i>	Spring Heath	Frequent on limestone
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i> agg.	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Mercurialis perennis</i>	Dog's Mercury	Woods
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green Alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows

Latin Name	Common Name	Notes
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot-trefoil	Meadows
<i>Oxtropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i> ‡	Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i> ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamium maculatum</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional

Latin Name	Common Name	Notes
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia glutinosa</i>	Sticky Clary	Forest. Wilderwil
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Thymus polytrichus</i>	Wild Thyme	Common
<i>Thymus pulegioides</i>	Large Thyme	Meadows
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Fairy Flax	Common
Oleaceae	Ash Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium fleischeri</i>	Fleischer's Willowherb	River gravels. Zweilutschinen
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae	Broomrape Family	
<i>Orobanche alba</i>	Thyme Broomrape	Occasional
<i>Orobanche caryophyllacea</i>	Clove-scented Broomrape	Occasional
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Meconopsis cambrica</i> ‡	Welsh Poppy	Occasional
Parnassiaceae	Grass-of-Parnassus Family	
<i>Parnassia palustris</i>	Grass-of-Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago maritima</i> subsp. <i>serpentina</i>	Fleshy Plantain	Frequent
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional

Latin Name	Common Name	Notes
Polygalaceae		
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae		
<i>Fallopia japonica</i> ‡	Japanese Knotweed	Lowland
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and scree
<i>Persicaria bistorta</i>	Common Bistort	Damp pasture
<i>Persicaria vivipara</i>	Alpine Bistort	Common. Mountain turf
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monk's-rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	French Sorrel	Rocks and scree
Primulaceae		
<i>Androsace chamaejasme</i>	Ciliate Rock-jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Rock-jasmine	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine	Acidic turf
<i>Androsace pubescens</i>	Hairy Rock-jasmine	Rare. Mountain rocks
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Auricula	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Bird's-eye Primrose	Mountain turf
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks
<i>Primula x pubescens</i> (<i>P. auricula</i> x <i>P. hirsuta</i>)	A hybrid Primrose	Eiger
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Pyrolaceae		
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
Ranunculaceae		
<i>Aconitum lycotonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forest
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp meadows
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp, Eiger
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh-marigold	Flushes and streamsides
<i>Clematis alpina</i> ‡	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Delphinium elatum</i>	Alpine Larkspur	Occasional
<i>Hepatica nobilis</i>	Liverleaf	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils

Latin Name	Common Name	Notes
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i> ‡	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow-rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False-medlar	Mountain pasture
<i>Sorbus mougeotii</i>	Mougeot's Whitebeam	Woods
Rubiaceae	Madder Family	
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent

Latin Name	Common Name	Notes
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix elaeagnos</i>	Olive Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix helvetica</i> †	Swiss Willow	Garden. Murren
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraine and scree
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Digitalis lutea</i>	Small Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticulosa</i>	A Rock Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods

Latin Name	Common Name	Notes
<i>Veronica serpyllifolia</i> <i>Veronica urticifolia</i>	Thyme-leaved Speedwell Nettle-leaved Speedwell	Frequent Woods
Solanaceae <i>Atropa bella-donna</i>	Nightshade Family Deadly Nightshade	Forest. Wilderwil
Thymelaeaceae <i>Daphne mezereum</i>	Mezereon Family Mezereon	Local. Mountain pasture
Tiliaceae <i>Tilia cordata</i> <i>Tilia platyphyllos</i>	Lime Family Small-leaved Lime Large-leaved Lime	Lowland Lowland
Ulmaceae <i>Ulmus glabra</i>	Elm Family Wych Elm	Valley woods
Urticaceae <i>Urtica dioica</i>	Nettle Family Common Nettle	Widespread
Valerianaceae <i>Valeriana dioica</i> <i>Valeriana officinalis</i> <i>Valeriana tripteris</i>	Valerian Family Marsh Valerian Common Valerian Three-leaved Valerian	Wet pasture Damp meadows Woods
Violaceae <i>Viola biflora</i> <i>Viola calcarata</i> <i>Viola cenisia</i> <i>Viola lutea</i> <i>Viola palustris</i>	Violet Family Yellow Wood Violet Long-spurred Pansy Mt Cenis Pansy Mountain Pansy Marsh Violet	Common Locally common Moraine and scree Locally common Common
LILIIDAE	MONOCOTYLEDONS	
Amaryllidaceae <i>Allium schoenoprasum</i> <i>Allium senescens</i> <i>Allium victorialis</i>	Daffodil Family Chives Mountain Onion Alpine Leek	Occasional. Mountains Mannlichen Uncommon. Mountain pasture
Asparagaceae <i>Anthericum ramosum</i> <i>Convallaria majalis</i> <i>Maianthemum bifolium</i> <i>Paradisea liliastrum</i> <i>Polygonatum odoratum</i> <i>Polygonatum verticillatum</i>	Asparagus Family Branched St Bernard's Lily Lily-of-the-Valley May Lily St Bruno's Lily Angular Solomon's-seal Whorled Solomon's-seal	Trummelbach Limestone cliffs and scree Mountain woods Local. Mountain pasture Limestone cliffs and scree Occasional. Forests
Colchicaceae <i>Colchicum autumnale</i>	Meadow Saffron Family Meadow Saffron	Meadows below Wengen
Cyperaceae <i>Carex atrata</i> <i>Carex canescens</i> <i>Carex capillaris</i>	Sedge Family Black Alpine Sedge White Sedge Hair Sedge	Wet mountain pasture Wet mountain pasture Wet mountain pasture

Latin Name	Common Name	Notes
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex flava</i>	Yellow Sedge	Marshes
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Mountain grassland on limestone
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
Iridaceae	Iris Family	
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Spring Crocus	Common
Juncaceae	Rush Family	
<i>Juncus alpinoarticulatus</i>	Alpine Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae	Lily Family	
<i>Gagea fistulosa</i>	A Yellow Star-of-Bethlehem	Uncommon. Mountain turf
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae	Herb-Paris Family	
<i>Paris quadrifolia</i>	Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae	Orchid Family	
<i>Cephalanthes longifolia</i>	Narrow-leaved Helleborine	Frequent. Woods
<i>Cephalanthes rubra</i>	Red Helleborine	Local
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests

Latin Name	Common Name	Notes
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Ophrys insectifera</i>	Fly Orchid	Rare. Trummelbach
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Platanthera chlorantha</i>	Greater Butterfly-orchid	Local. Woods
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae		
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow-grass	Frequent
<i>Poa supina</i>	Creeping Meadow-grass	Frequent
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture
Tofieldiaceae		
<i>Tofieldia calyculata</i>	Scottish Asphodel Family Tofield's Asphodel	Common

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June							
			19	20	21	22	23	24	25	26
1	Mute Swan	<i>Cygnus olor</i>	✓							
2	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							
3	Red Kite	<i>Milvus milvus</i>		✓						
4	Black Kite	<i>Milvus migrans</i>	✓					✓		

	Common name	Latin name	June							
			19	20	21	22	23	24	25	26
5	Golden Eagle	<i>Aquila chrysaetos</i>		✓					✓	
6	Common Kestrel	<i>Falco tinnunculus</i>	✓	✓					✓	
7	Common Sandpiper	<i>Actitis hypoleucos</i>	✓							
8	Yellow-legged Gull	<i>Larus michahellis</i>	✓							
9	European Turtle Dove	<i>Streptopelia turtur</i>							✓	
10	Tawny Owl	<i>Strix aluco</i>	H					H		
11	Common Swift	<i>Apus apus</i>	✓		✓	✓	✓	✓	✓	
12	Great Spotted Woodpecker	<i>Dendrocopos major</i>	✓							
13	Eurasian Magpie	<i>Pica pica</i>		✓				✓	✓	
14	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>				H	✓	✓		
15	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓			✓	✓	✓	
16	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓			✓	
17	Northern Raven	<i>Corvus corax</i>		✓						
18	Coal Tit	<i>Parus ater</i>					✓			
19	Great Tit	<i>Parus major</i>			✓					
20	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>			✓					
21	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>			✓			✓		
22	Barn Swallow	<i>Hirundo rustica</i>						✓		
23	Common House Martin	<i>Delichon urbicum</i>	✓		✓			✓		
24	Eurasian Blackcap	<i>Sylvia atricapilla</i>			✓					
25	Common Starling	<i>Sturnus vulgaris</i>	✓							
26	Ring Ouzel	<i>Turdus torquatus</i>				✓	✓			
27	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓			✓	✓
28	Fieldfare	<i>Turdus pilaris</i>			✓				✓	
29	Mistle Thrush	<i>Turdus viscivorus</i>					✓	✓		
30	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	
31	Spotted Flycatcher	<i>Muscicapa striata</i>	✓		✓					
32	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
33	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓					✓	
34	Grey Wagtail	<i>Motacilla cinerea</i>	✓			✓				
35	White Wagtail	<i>Motacilla alba</i>	✓	✓	✓		✓	✓		
36	Water Pipit	<i>Anthus spinoletta</i>		✓			✓	✓	✓	
37	Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓	✓	✓	✓	
38	European Serin	<i>Serinus serinus</i>						✓	✓	
39	European Greenfinch	<i>Chloris chloris</i>			✓					
40	Common Linnet	<i>Linaria cannabina</i>					✓	✓	✓	

Mammals (E=evidence of)

1	Mole	<i>Talpa europaea</i>		E						
2	Red Squirrel	<i>Sciurus vulgaris</i>						✓		
3	Alpine Marmot	<i>Marmota marmota</i>						✓	✓	
4	Snow Vole	<i>Microtus nivalis</i>		E						
5	Roe Deer	<i>Capreolus capreolus</i>						✓		
6	Alpine Ibex	<i>Capra ibex</i>					25		✓	

7 Alpine Chamois *Rupicapra rupicapra* ✓ ✓

Amphibians										
1	Common Frog	<i>Rana temporaria</i>				✓		✓		
2	Common Newt	<i>Triturus vulgaris</i>					✓			

	Common name	Latin name	June						
			19	20	21	22	23	24	25

Butterflies

1	Swallowtail	<i>Papilio machaon</i>				✓	✓	✓		
2	Black-veined White	<i>Aporia crataegi</i>						✓		
3	Small White	<i>Pieris rapae</i>					✓	✓		
4	Orange Tip	<i>Anthocharis cardamines</i>				✓	✓	✓		
5	Clouded Yellow	<i>Colias crocea</i>					✓	✓		
6	Green Hairstreak	<i>Callophrys rubi</i>				✓	✓	✓		
7	Little Blue	<i>Cupido minimus</i>				✓	✓	✓		
8	Red Admiral	<i>Vanessa atalanta</i>						✓		
9	Painted Lady	<i>Cynthia cardui</i>		✓		✓	✓	✓		
10	Niobe Fritillary	<i>Fabriciana niobe</i>				✓				
11	Piedmont Ringlet	<i>Erebia meolans</i>			✓		✓	✓		

Moths

1	Humming-bird Hawk-moth	<i>Macroglossum stellatarum</i>					✓	✓	✓	
2	Chimney Sweeper	<i>Odezia atrata</i>			✓					

Dragonflies

1	Northern Damselfly	<i>Coenagrion hastulatum</i>				✓				
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