

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

17 - 24 June 2012



Alpine Chough



Crocus vernus



Silberhorn



Viola cenisia

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Day 1

Sunday 17th June

We left Heathrow mid-morning for Zurich and were soon enjoying the comfort of the intercity train to Interlaken with tantalising views of the Alps ahead. We changed trains to Lauterbrunnen, following the glacial melt-waters of the Lutschine River below high limestone cliffs, and then changed platforms to the cogwheel railway for the final leg of our journey to Wengen. After a short walk to our hotel we had plenty of time to settle in and enjoy the views before our evening meal.

Day 2

Monday 18th June

With the promise of a lovely sunny day, we took the short cable-car ride up to Mannlichen. We assembled at the viewpoint to take in the awe-inspiring views and identify the plants below us on the edge of the cliffs. These included a range of species typical of a snowbed dwarf shrub community, dominated by Net-veined Willow, *Salix reticulata*, Retuse-leaved Willow, *Salix retusa* and Mountain Avens, *Dryas octopetala*. Colour was provided by Whorled-leaved Lousewort, *Pedicularis verticillata*, Bird's-eye Primrose, *Primula farinosa*, Moss Champion, *Silene acaulis*, and Alpine Cinquefoil, *Potentilla crantzii*.

We continued to make progress towards the summit pausing to examine a variety of habitats. North-facing cliffs had abundant Snowden Lily, *Lloydia serotina*, Swiss Androsace, *Androsace helvetica*, and a careful search revealed the leaves of Dwarf Orchid, *Chamorchis alpina*, nestled in cushions of Mossy Cyphel, *Minuartia sedoides*. There followed some stunning patches of Spring Gentian, *Gentiana verna*, and Trumpet Gentian, *Gentiana acaulis*, and alongside retreating snow patches were masses of *Crocus vernus*, Alpine Snowbell, *Soldanella alpina*, the white Kupfer's Buttercup, *Ranunculus kuepferi*, and some stunning Oxlips, *Primula elatior*. A little way beyond the summit we searched for Crimson-tipped Lousewort, *Pedicularis oederi*, before returning down the mountain and enjoying a drink at the Berghaus.

Lunch was enjoyed on a grassy knoll, where a very different flora on the acidic turf included Creeping Azalea, *Loisleuria procumbens* and Musk Milfoil, *Achillea erba-rotta*. Around us, we watched the antics of Alpine Accentor and Snowfinch that were nesting on the chairlifts. The gentle walk down to Kleine Scheidegg was full of highlights including *Primula hirsuta*, Alpine Butterwort, *Pinguicula alpina* and eye-catching displays of white Alpine Pasqueflower, *Pulsatilla alpina*, and its yellow form, *Pulsatilla alpina* subsp. *apiifolia*. We stopped for a drink overlooking the impressive north wall of the Eiger, before a final stroll to the station to board the train for our return to Wengen.

Day 3

Tuesday 19th June

After breakfast, we set off down to Lauterbrunnen through meadows and forest, crossing the railway several times. There were many interesting plants to discover including Bird's nest Orchid, *Neottia nidus-avis*, Herb Paris, *Paris quadrifolia*, and Baneberry, *Actaea spicata* under the trees, and Masterwort, *Astrantia major* and Dark Columbine, *Aquilegia atrata* in the hay-meadows. We had time for a coffee, before catching the bus to Trummelbach and lunching by the river. Chamois were seen high above us on the cliffs and Martagon Lily, *Lilium martagon*, was just coming into flower by the river. The Trummelbach Falls, where the river draining the Jungfrau and Monch glaciers corkscrews through the sheer limestone cliffs, was an unforgettable experience. New plants on the hard pure limestone included Swallow-wort, *Vincetoxicum hirundinaria*, Mountain Bladder Fern, *Cystopteris montana*, and the delicate Mossy Sandwort, *Moebria muscosa*. After relaxing at the café, we returned to Lauterbrunnen through the meadows and took the train back to Wengen.

Day 4

Wednesday 20th June

With the mountains obscured by cloud, we took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel where morning coffee was most welcome, before our day's walk. Heavy rain showers and rumbles of thunder punctuated the morning but after lunch the day was dry with the cloud breaking occasionally to reveal glimpses of the Jungfrau and Eiger. The pasture was studded with pristine clumps of gentians, *Gentiana acaulis* and Mountain Pansy, *Viola lutea* was common in a variety of colour combinations. Marshy areas were thick with Broad-leaved Marsh Orchid, *Dactylorhiza majalis*, and after a little searching we found a number of Round-headed Orchid *Traunsteinera globosa*.

We followed the Mountain View Trail across heathland dominated by Heather, *Calluna vulgaris*, Alpenrose, *Rhododendron ferrugineum*, and other ericaceous shrubs, hiding under which were tiny spikes of Lesser Twayblade, *Listera cordata*. Further on we crossed more lime-rich slopes with *Daphne mezereum*, and colourful patches of Alpine Toadflax, *Linaria alpina*, before crossing pasture, thick with Aconite-leaved Buttercup, *Ranunculus aconitifolius*, and the huge pleated leaves of White False Helleborine, *Veratrum album*. We descended in stages through thickets of Green Alder, *Alnus viridis*, open meadows and forest to Grutschalp and our return cable car.

Day 5

Thursday 21st June

A short train journey deposited us at Wengernalp, where we spent some time identifying new plants on the bank behind the station platform. A coffee break at the hotel was fortunately timed, as we had splendid views of a herd of Ibex across the valley.

The meadows beyond were full of photogenic Swiss cows and swathes of colourful flowers. Wet flushes contained Broad-leaved Marsh Orchid, *Dactylorhiza majalis* and Bavarian Gentian, *Gentiana bavarica*, while the drier hillsides were ablaze with *Rhododendron ferrugineum* and *Trollius europeus*. The path continued into an area of forest where Nutcrackers could be heard overhead and new plants included Nodding Wintergreen, *Orthilia secunda*, One-flowered Wintergreen, *Moneses uniflora* and the inconspicuous saprophytic Coralroot Orchid, *Corallorhiza trifida*.

We had lunch in an idyllic spot by the stream, before setting off to explore the alpine meadows. The highlights of the afternoon were undoubtedly the large blooms of *Aquilegia alpina* and the many Lady's Slipper Orchid, *Cypripedium calceolus*, all in perfect condition. It was then a long but pleasant walk down through meadows and forests to Wengen. Cloud came in during the afternoon and was followed by rain for most of the evening.

Day 6

Friday 22nd June

After yesterday's excursion, we welcomed an easy day. Two trains took us down to Wilderswil where we boarded the exciting rack-railway up to Schynige Platte. The main attraction for us was the Alpine Garden which is extremely well laid out in a natural setting. It gave us all an opportunity to brush up on the plants we had already seen and many more from a further afield in the Alps. The weather was mostly cloudy with sunny intervals and occasional views of the peaks.

After lunch on the station platform, we walked across to the viewpoint to look down on Interlaken and the Brienersee. The limestone slopes of the Oberberghorn were home to several notable plants, including Leafy Lousewort, *Pedicularis foliosa*, Limestone Fern, *Gymnocarpium robertianum* and Rigid Buckler-fern, *Dryopteris villarii*, and large colonies of Angular Solomon's Seal, *Polygonatum odoratum*, and Lily of the Valley, *Convallaria majalis*. All too soon it was time to return to the station to catch our return train.

Day 7

Saturday 23rd June

After a cloudy start, the sun came out in the afternoon and it remained dry all day. We took the trains as far as Eigergletscher and spent some time exploring the moraines left by the retreating glacier. Several plants have made this harsh environment their exclusive home and advertise their presence with spectacular flowers. Among these, Broad-leaved Mouse-ear, *Cerastium latifolium*, Mt. Cenis Pansy, *Viola cenisia* and the deliciously scented Round-leaved Pennycress, *Thlaspi rotundifolium* were greatly admired.

We returned to the station cafe for refreshments and then crossed the railway line to the start of the Eiger Trail. We were able to go a little way down the trail to see Glacier Crowfoot, *Ranunculus glacialis*, but there was too much snow to make going any further a realistic possibility. We returned to the meadows below the moraines for lunch, surrounded by yellow *Primula auricula* and pink *Primula farinosa* and were entertained by some very confiding Alpine Choughs that flew among us to finish the leftovers.

Some of the party took an easier walk down to Kleine Scheidegg, while the rest of us followed the dramatic medial moraine down towards Wixi. A number of Alpine Grayling were on the wing in the warm sunshine and across the valley we watched a group of five Ibex silhouetted against the snow.

As we were watching these, two Red Deer crossed the path nearby. Red Deer have only within the last year been reported from this area and we were very fortunate to see them. Finally we had to drag ourselves away and continue to Wengernalp to catch the train.

Day 8

Sunday 24th June

Another perfect day dawned with the sun gleaming on the pristine snow of the Jungfrau. After breakfast we were able to enjoy the views from the hotel, before wandering down to the village to catch the mid-morning train and returning to Zurich for the flight home...

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Systematic list of Plants Seen

PTERIDOPHYTA

FERNS AND FERN ALLIES

Aspidiaceae

Dryopteris affinis (borreri)

Dryopteris carthusiana

Dryopteris dilatata

Dryopteris expansa

Dryopteris filix-mas

Dryopteris villarii

Gymnocarpium dryopteris

Gymnocarpium robertianum

Polystichum aculeatum

Polystichum lonchitis

Dryopteris Family

Scaly Male Fern

Narrow Buckler-fern

Broad Buckler-fern

Northern Buckler-fern

Male Fern

Rigid Buckler-fern

Oak Fern

Limestone Fern

Hard Shield-fern

Holly Fern

Widespread

Damp scrub

Frequent

Damp scrub

Widespread

Oberberghorn

Woods. Local

Schynige Platte

Woods. Occasional

Mountain rocks

Aspleniaceae

Asplenium adiantum-nigrum

Asplenium ruta-muraria

Asplenium septentrionale

Asplenium trichomanes

Asplenium viride

Ceterach officinarum

Phyllitis scolopendrium

Spleenwort Family

Black Spleenwort

Wall Rue

Forked Spleenwort

Maidenhair Spleenwort

Green Spleenwort

Rusty Back

Hartstongue

Shady cliffs

Walls

Rare, on rocks

Walls and cliffs

Mountain rocks.

Uncommon

Uncommon

Athyriaceae

Athyrium filix-femina

Athyrium distentifolium

Cystopteris alpina

Cystopteris fragilis

Cystopteris montana

Woodsia alpina

Athyrium Family

Lady Fern

Alpine Lady Fern

Alpine Bladder Fern

Brittle Bladder fern

Mountain Bladder Fern

Occasional

Above Murren

Above Grutschalp. Eiger

Frequent. Rocks

Trummelbach

Rare. Above Murren

Blechnaceae

Blechnum spicant

Blechnum Family

Hard Fern

Above Grutschalp

Cryptogrammaceae

Cryptogramma crispa

Parsley Fern Family

Parsley Fern

Acidic rocks

Dennstaedtiaceae

Pteridium aquilinum

Bracken Family

Bracken

Valley woodland.

Equisetaceae

Equisetum arvense

Equisetum fluviatile

Equisetum palustre

Equisetum sylvaticum

Horsetail Family

Field Horsetail

Water Horsetail

Marsh Horsetail

Wood Horsetail

Meadows and track sides

Rare in pools

Occasional. Wet pasture

Woods and damp pasture

Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pastures
<i>Lycopodiella annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stagshorn Clubmoss	Local. Above Grutschalp
Ophioglossaceae	Adder's Tongue Family	
<i>Botrychium lunaria</i>	Moonwort	Short turf. Widespread
<i>Botrychium virginianum</i>		Trummelbach
Polypodiaceae	Polypody Family	
<i>Polypodium vulgare</i>	Common Polypody	Occasional on rocks
Selaginellaceae	Lesser Clubmoss Family	
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
Thelypteridaceae	Thelypteris Family	
<i>Oreopteris limbosperma</i>	Lemon-scented Fern	Alder Scrub
<i>Phegopteris connectilis</i>	Beech Fern	Woods. Occasional
GYMNOSPERMAE	CONIFERS	
Cupressaceae	Cypress Family	
<i>Juniperus communis</i> subsp. <i>nana</i>	Common Juniper	Occasional
Pinaceae	Pine family	
<i>Abies alba</i>	European Silver Fir	Forests
<i>Larix decidua</i>	Larch	Occasional
<i>Picea abies</i>	Norway Spruce	Forests
<i>Pinus cembra</i>	Arolla Pine	Occasional. Planted
<i>Pinus mugo</i>	Dwarf Mountain Pine	Tree-line
<i>Pinus sylvestris</i>	Scots Pine	Widespread
<i>Pinus uncinata</i>	Mountain Pine	Occasional
<i>Pseudotsuga menziesii</i>	Douglas Fir	Occasional. Planted
Taxaceae	Yew Family	
<i>Taxus baccata</i>	Yew	Occasional. Forests
ANGIOSPERMAE	FLOWERING PLANTS	
	DICOTYLEDONS	
Aceraceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Frequent
<i>Acer platanoides</i>	Norway Maple	Occasional
<i>Acer pseudoplatanus</i>	Sycamore	Common
Adoxaceae	Adoxa Family	
<i>Adoxa moschatellina</i>	Town Hall Clock	Mannlichen

Apiaceae

Aegopodium podagraria
Astrantia major
Astrantia minor
Athamanta cretensis
Bupleurum stellatum
Chaerophyllum hirsutum
Heracleum sphondylium
Laserpitium latifolium
Ligusticum mutellina
Ligusticum mutellinoides
Peucedanum ostruthium
Pimpinella major
Pimpinella saxifraga

Carrot Family

Ground Elder Below Wengen
 Great Masterwort Meadows
 Lesser Masterwort Frequent
 Athamanta Rocky places and screes
 Starry Hare's-ear Mountain rocks
 Hairy Chervil Woods
 Hogweed Common
 Broad-leaved Sermountain Trummelbach
 Alpine Lovage Mountain pasture
 Unbranched Lovage High mountain pasture
 Masterwort Common
 Greater Burnet Saxifrage Common
 Burnet Saxifrage Meadows

Araliaceae

Hedera helix

Ivy Family

Ivy Occasional

Asclepiadaceae

Vincetoxicum hirundinaria

Milkweed Family

Swallow-wort Frequent

Asteraceae

Adenostyles alliariae
Adenostyles glabra
Achillea atrata
Achillea erba-rotta subsp.
moschata
Achillea millefolium
Antennaria carpatica
Antennaria dioica
Arnica montana
Artemisia umbelliformis
Aster alpinus
Aster bellidiastrum
Bellis perennis
Carduus defloratus
Cicerbita alpina
Cirsium oleraceum
Cirsium spinosissimum
Centaurea scabiosa
Centaurea montana
Crepis aurea
Crepis paludosa
Doronicum grandiflorum

Erigeron annuus
Erigeron alpinus
Erigeron neglectus
Erigeron uniflorus
Eupatorium cannabinum
Gnaphthodium norvegicum

Daisy Family

Adenostyles Alder scrub
 Hairless Adenostyles Oberberghorn
 Dark-stemmed Sneezewort Frequent on limestone
 Musk Milfoil Acidic soils

 Yarrow Meadows
 Carpathian Catsfoot Mannlichen
 Catsfoot Common
 Arnica Common
 Yellow Genipi Mannlichen
 Alpine Aster Schynige Platte
 False Aster Frequent
 Daisy Frequent
 Alpine Thistle Common
 Alpine Sowthistle Woods and forests
 Cabbage Thistle Meadows
 Spiniest Thistle Mountain turf
 Greater Knapweed Meadows
 Mountain Cornflower Meadows
 Golden Hawksbeard Common
 Marsh Hawksbeard Wet meadows
 Large-flowered Scree
 Leopardsbane
 Annual Fleabane Wilderswil
 Alpine Fleabane Local
 Neglected Fleabane Local
 One-flowered Fleabane Local
 Hemp Agrimony Lowland
 Norwegian Cudweed Occasional

<i>Gnaphthaliun supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i>	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>		Common
<i>Hieracium murorum</i>		Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>		Mannlichen
<i>Homogyne alpina</i>	Alpine Coltsfoot	Common
<i>Hypochoeris uniflora</i>	Giant Catsear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Alpine turf
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic turf
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Alpine turf
<i>Senecio doronicum</i>	Chamois Ragwort	On limestone
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain rocks
<i>Taraxacum alpinum</i>	Alpine Dandelion	Screes
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goatsbeard	Meadows
<i>Tussilago farfara</i>	Coltsfoot	Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i>	Small Balsam	Woods. Alien
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Mountain scrub
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae	Borage Family	
<i>Asperugo procumbens</i>	Madwort	Waste ground
<i>Echium vulgare</i>	Viper's Bugloss	Wengen
<i>Myosotis alpestris</i>	Alpine Wood forget-me-not	Common
Brassicaceae	Cress Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Track-sides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rockcress	Alpine rocks
<i>Arabis bellidifolia</i>	Daisy-leaved Rockcress	Mountain rocks
<i>Arabis caerulea</i>	Blue Rockcress	Screes and moraines
<i>Biscutella laevigata</i>	Buckler Mustard	Rocky places
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Widespread
<i>Cardamine alpina</i>	Alpine Bittercress	Mountain rocks
<i>Cardamine amara</i>	Large Bittercress	Streamsides
<i>Cardamine hirsuta</i>	Hairy Bittercress	Occasional

<i>Cardamine pentaphyllos</i>	Five-leaflet Bittercress	Damp forest
<i>Cardamine pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bittercress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlow-grass	Moraines
<i>Draba dubia</i>	Austrian Whitlow-grass	Rocky places
<i>Draba tomentosa</i>		Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlow-grass	Occasional
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Hugueninia tanacetifolia</i>	Tansy-leaved Rocket	Schynige Platte
<i>Kernera saxatilis</i>	Kernera	Rocks
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks
<i>Thlaspi perfoliatum</i>	Perfoliate Pennycress	Near habitation
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Pennycress	Moraines and screes
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's Thimble	Screes
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	A Harebell	Meadows. Common
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Almendhubel
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Acid rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Biglenalp
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Murren
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Schynige Platte
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Screes. Eiger
<i>Arenaria ciliata</i>	Ciliate-leaved Sandwort	Screes. Eiger
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Dianthus barbatus</i>	Sweet William	Garden-escape. Wengen
<i>Dianthus suberbus</i>	A Pink	Below Almend

<i>Dianthus sylvestris</i>	Wood Pink	Rocky places. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Lychnis flos-cuculi</i>	Ragged Robin	Wet flushes
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine rocks and turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia ciliata</i>	Creeping Sandwort	Screes
<i>Moehringia muscosa</i>	Mossy Sandwort	Woods, Trummelbach
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Stellaria graminea</i>	Lesser Stitchwort	Woods and meadows
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene exscapa</i>	Stemless Moss Campion	Mountain turf
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Local on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium album</i>	Fat Hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good King Henry	Frequent weed
Cistaceae	Rock-rose Family	
<i>Helianthemum nummularium</i>	Large-flowered Common	Common
subsp. <i>grandiflorum</i>	Rock Rose	
<i>Helianthemum oelandicum</i>	Alpine Rock Rose	Frequent
subsp. <i>alpestre</i>		
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Frequent in woodland
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i>	Roseroot	Cliffs
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum spurium</i>	Caucasian Stonecrop	Garden-escape. Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i>	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Occasional. Rocks

Dipsacaceae	Teasel Family	
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Ericaceae	Heath Family	
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Occasional
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Crowberry	Acidic heaths
<i>Erica herbacea</i> (=carnea)	Spring Heath	Biglenalp
<i>Loiseleuria procumbens</i>	Creeping Azalea	Acidic heaths
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Biglenalp
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i>	Bog Whortleberry	Frequent
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Mercurialis perennis</i>	Dogs Mercury	Woods
<i>Euphorbia cyparissias</i>	Cypress Spurge	Trummelbach
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Oberberghorn
<i>Astragalus penduliflorus</i>	Pendulous Milk-vetch	Oberberghorn
<i>Coronilla vaginalis</i>	Small Scorpion Vetch	Below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common.Limestone
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Birdsfoot Trefoil	Mountain turf
<i>Lotus corniculatus</i>	Birdsfoot Trefoil	Meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i>	Lucerne	Lauterbrunnen
<i>Melilotus albus</i>	White Melilot	Wildeswil
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Ononis repens</i>	Common Restharrow	Below Wengen
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Biglenalp
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Murren
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Murren
<i>Robinia pseudacacia</i>	False Acacia	Occasional. Planted
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows

<i>Trifolium montanum</i>	Mountain Clover	Frequent
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	Occasional. Planted
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Mannlichen
<i>Gentiana clusii</i>	Clusius's Gentian	Limestone
<i>Gentiana lutea</i>	Great Yellow Gentian	Pasture
<i>Gentiana nivalis</i>	Snow Gentian	Mannlichen
<i>Gentiana purpurea</i>	Purple Gentian	Murren
<i>Gentiana verna</i>	Spring Gentian	Common
Geraniaceae	Geranium Family	
<i>Geranium pyrenaicum</i>	Pyrenean Cranesbill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Cranesbill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	St. John's Wort Family	
<i>Hypericum maculatum</i>	Imperforate St. John's Wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i>	Walnut	Occasional. Planted
Lamiaceae	Mint Family	
<i>Acinos alpinus</i>	Alpine Calamint	Rocky banks
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp Nettle	Occasional
<i>Glechoma hederacea</i>	Ground Ivy	Woods
<i>Hesperis matronalis</i>	Dames's Violet	Wengen
<i>Lamium maculatum</i>	Spotted Dead-nettle	Schynige Platte
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows

<i>Prunella grandiflora</i>	Large-flowered Self-heal	Trummelbach meadows
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia pratensis</i>	Meadow Clary	Trummelbach
<i>Stachys alpina</i>	Alpine Betony	Below Wengen
<i>Stachys officinalis</i>	Betony	Meadows
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus polytrichus</i>	Hairy Thyme	Common
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Purging Flax	Common
Monotropaceae	Birdsnest Family	
<i>Monotropa hypopitys</i>	Yellow Bird's-nest	Rare. Forests
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium montanum</i>	Mountain Willowherb	Occasional
Oxalidaceae	Wood Sorrel Family	
<i>Oxalis acetosella</i>	Wood Sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Papaver rhoeas</i>	Common Poppy	Occasional
Parnassiaceae	Grass of Parnassus Family	
<i>Parnassia palustris</i>	Grass of Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantain	Frequent

Polygalaceae

Polygala alpestris
Polygala alpina
Polygala chamaebuxus
Polygala vulgaris

Milkwort Family

Mountain Milkwort Common
 Alpine Milkwort Mountain turf
 Shrubby Milkwort Frequent
 Common Milkwort Frequent

Polygonaceae

Oxyria digyna
Polygonum bistorta
Polygonum viviparum
Reynoutria japonica
Rumex acetosa
Rumex acetosella
Rumex alpestris
Rumex alpinus
Rumex obtusifolius
Rumex scutatus

Dock Family

Mountain Sorrel Rocks and screes
 Bistort Damp pasture
 Alpine Bistort Common
 Japanese Knotweed Invasive alien
 Common Sorrel Widespread
 Sheep's Sorrel Acidic pasture
 Alpine Sorrel Widespread
 Monks Rhubarb Disturbed pasture
 Broad-leaved Dock Occasional
 Rubble Dock Occasional. Screens

Primulaceae

Androsace chamaejasme
Androsace helvetica
Androsace obtusifolia
Androsace pubescens
Lysimachia nemorum
Primula auricula
Primula elatior
Primula farinosa
Primula hirsuta
Primula veris
Soldanella alpina
Soldanella pusilla

Primrose Family

Ciliate Rock Jasmine Frequent
 Swiss Rock Jasmine Alpine rocks
 Blunt-leaved Rock Jasmine Alpine rocks
 Hairy Rock Jasmine Rare
 Yellow Pimpernel Damp woods
 Bears Ears Mountain rocks and turf
 Oxlip Snowbeds
 Birdseye Primrose Mountain turf
 Hairy Primrose Mountain rocks
 Cowslip Below Wengen
 Alpine Snowbell Snowbeds
 Dwarf snowbell Very rare. Tschuggen

Pyrolaceae

Moneses uniflora
Orthilia secunda
Pyrola minor

Wintergreen Family

One-flowered Wintergreen Forest
 One-sided Wintergreen Biglenalp
 Lesser Wintergreen Forests

Ranunculaceae

Aconitum napellus
Aconitum vulparia
Actaea spicata
Anemone narcissiflora
Anemone nemorosa
Aquilegia alpina
Aquilegia atrata
Caltha palustris
Clematis alpina
Delphinium elatum
Hepatica nobilis
Pulsatilla alpina subsp.
alpina

Buttercup Family

Common Monkshood Damp meadows
 Wolfsbane Frequent. Forest
 Baneberry Woods below Wengen
 Narcissus-flowered Anemone Mountain pasture
 Wood Anemone Widespread
 Alpine Columbine Biglenalp
 Dark Columbine Forest and meadows
 Marsh Marigold Flushes and streamsides
 Alpine Clematis Alpine Garden
 Alpine Larkspur Occasional. Forest
 Hepatica Woodland
 Alpine Pasque Flower Frequent. White flowers

<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasque Flower	Frequent. Yellow flowers
<i>Pulsatilla vernalis</i>	Spring Pasque Flower	Common. Mannlichen
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common.
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Mannlichen. Endemic
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i>	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow Rue	Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow Rue	Meadows
<i>Thalictrum foetidum</i>	Stinking Meadow Rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Damp pasture

Rosaceae

<i>Agrimonia eupatoria</i>	Agrimony	Occasional
<i>Alchemilla alpina</i>	Alpine Lady's Mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's Mantle	Frequent
<i>Alchemilla glabra</i> agg.	A Lady's Mantle	Frequent
<i>Alchemilla pentaphylla</i>	Cut-leaved Lady's Mantle	Mountain turf
<i>Alchemilla vulgaris</i> agg.	Lady's Mantle	Frequent
<i>Aruncus dioicus</i>	Goatsbeard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods. Scrub
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Meadows. Wilderswil
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Mountain turf. Occasional
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Mountain turf. Common
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog Rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet Briar	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet Briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sanguisorba minor</i>	Salad Burnet	Widespread
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowpatches
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods. Scrub
<i>Sorbus chamaemespilus</i>	False Medlar	Murren. Biglenalp

Rubiaceae

<i>A. cynanchica</i>	Madder Family Squinancywort	Occasional
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<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>		Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Below Wengen
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>		Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Valleys
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Sallow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix foetida</i>	Stinking Willow	Above Grutschalp
<i>Salix hastata</i>	Large-stipuled Willow	Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Alpine turf. Eiger
<i>Salix helvetica</i>	Swiss Willow	Planted. Murren
<i>Salix herbacea</i>	Least willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Lauberhorn
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net Leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Occasional. Riversides
Santalaceae	Sandalwood Family	
<i>Thesium alpinum</i>	Alpine Bastard Toadflax	Occasional. Pasture
<i>Thesium pyrenaicum</i>	Pyrenean Bastard Toadflax	Occasional. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and screes
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp screes and rocks
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks. Local
<i>Saxifraga moschata</i>	Musky Saxifrage	Mountain rocks and turf
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraines, screes
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks and cliffs
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp woodland
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Alpine turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis lutea</i>	Small Yellow Foxglove	Trummelbach
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Trummelbach
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Mountain rocks

<i>Euphrasia rostkoviana</i>	Common Eyebright	Meadows
<i>Linaria alpina</i>	Alpine Toadflax	Screes and shingle
<i>Melampyrum sylvaticum</i>	Wood Cow-wheat	Forest
<i>Pedicularis ascendens</i>	Ascending Lousewort	Limestone turf
<i>Pedicularis foliosa</i>	Leafy Lousewort	Schynige Platte
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Schynige Platte
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic mountain turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow Rattle	Meadows. Common
<i>Rhinanthus minor</i>	Yellow Rattle	Grassy places. Uncommon
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica officinalis</i>	Heath Speedwell	Woods and banks
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Wilderswil
Thymelaceae	Daphne Family	
<i>Daphne mezereum</i>	Mezereon	Local
Tiliaceae	Lime Family	
<i>Tilia platyphyllos</i>	Large-leaved Lime	Valleys
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valleys
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Stinging Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt. Cenis Pansy	Moraines and scree
<i>Viola lutea</i>	Mountain Pansy	Murren
<i>Viola palustris</i>	Bog Violet	Common
<i>Viola riviniana</i>	Common Dog Violet	Common

MONOCOTYLEDONS

Cyperaceae

Carex atrata
Carex echinata
Carex ferruginea
Carex flacca
Carex nigra
Carex panicea
Eriophorum angustifolium

Sedge Family

Black Alpine Sedge
 Star Sedge
 Rusty Sedge
 Glaucous Sedge
 Black Sedge
 Carnation Sedge
 Common Cotton Grass

Iridaceae

Crocus vernus subsp.
albiflorus

Iris Family

Spring Crocus Common

Juncaceae

Juncus alpinoarticulatus
Juncus jacquinii
Juncus trifidus
Juncus triglumis
Luzula alpinopilosa
Luzula lutea
Luzula multiflora
Luzula spicata
Luzula sylvatica

Rush Family

Alpine Jointed Rush Wet mountain pasture
 Jacquin's Rush Damp mountain turf
 Three-leaved Rush Acidic turf
 Three-flowered Rush Acidic turf
 Alpine Wood-rush Mountain pasture
 Yellow wood-rush Mountain turf
 Heath Wood-rush Mountain turf
 Spiked Wood-rush Mountain turf
 Great Wood-rush Forests

Liliaceae

Allium schoenoprasum
Allium scordoprasum
Allium victorialis
Anthericum ramosum
Colchicum autumnale
Convallaria majalis
Gagea fistulosa
Lilium martagon
Lloydia serotina
Maianthemum bifolium
Paradisea liliastrum
Paris quadrifolia
Polygonatum odoratum
Polygonatum verticillatum
Streptopus amplexifolius
Tofieldia calyculata
Veratrum album

Lily Family

Chives Eigergletscher
 Sand Leek Rare. Meadows
 Alpine Leek Above Grutschalp
 Branched St Bernard's Lily Trummelbach
 Meadow Saffron Meadows below Wengen
 Lily of the Valley Trummelbach. Oberberghorn
 Yellow Gagea Rare. Mannlichen
 Martagon Lily Woods
 Snowdon Lily Mountain turf
 May Lily Mountain woods
 St Bruno Lily Local. Mountain pasture
 Herb Paris Occasional. Woods
 Scented Solomon's Seal Trummelbach. Oberberghorn
 Whorled Solomons Seal Occasional. Forests
 Streptopus Occasional. Woods
 Tofield's Asphodel Common
 White False Helleborine Mountain pasture

Orchidaceae

Cephalanthera longifolia
Cephalanthera rubra
Chamorchis alpina
Coeloglossum viride

Orchid Family

Long-leaved Helleborine Occasional. Woods
 Red Helleborine Local
 Dwarf Orchid Rare
 Frog Orchid Frequent

<i>Corallorhiza trifida</i>	Coral Root	Forests
<i>Cypripedium calceolus</i>	Lady's Slipper	Local
<i>Dactylorhiza maculata</i>	Common Spotted Orchid	Common
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh Orchid	Locally common
<i>Dactylorhiza traunsteineri</i>	Traunsteiner's Orchid	Local
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant Orchid	Common
<i>Gymnadenia odoratissima</i>	Short-spurred Fragrant Orchid	Local
<i>Listera cordata</i>	Lesser Twayblade	Heath and forest
<i>Listera ovata</i>	Twayblade	Frequent. Meadows
<i>Neottia nidus-avis</i>	Birds Nest Orchid	Frequent. Forests
<i>Nigritella rhellicani</i>	Vanilla Orchid	Locally common
<i>Ophrys insectifera</i>	Fly Orchid	Very rare
<i>Orchis mascula</i>	Early Purple Orchid	Frequent
<i>Orchis ustulata</i>	Burnt Tip Orchid	Rare. Biglenalp
<i>Platanthera bifolia</i>	Lesser Butterfly Orchid	Occasional. Woods
<i>Platanthera chlorantha</i>	Greater Butterfly Orchid	Occasional. Woods
<i>Pseudorchis albida</i>	Small White Orchid	Common
<i>Traunsteinera globosa</i>	Round-headed Orchid	Almendhubel. Schynige Platte

Poaceae

<i>Agropyron repens</i>	Common Couch
<i>Agrostis capillaris</i>	Common Bent
<i>Anthoxanthum alpinum</i>	Alpine Vernal Grass
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass
<i>Arrhenatherum elatius</i>	False Oat-grass
<i>Brachypodium sylvaticum</i>	False Brome
<i>Briza media</i>	Quaking Grass
<i>Bromus hordeaceus</i>	Soft Brome
<i>Bromus sterilis</i>	Barren Brome
<i>Cynosurus cristatus</i>	Crested Dogstail
<i>Dactylis glomerata</i>	Cocksfoot
<i>Deschampsia cespitosa</i>	Tufted Hair-grass
<i>Deschampsia flexuosa</i>	Wavy Hair-grass
<i>Festuca ovina</i>	Sheeps Fescue
<i>Festuca pratensis</i>	Meadow Fescue
<i>Festuca rubra</i>	Red Fescue
<i>Festuca violacea</i>	Violet Fescue
<i>Holcus lanatus</i>	Yorkshire Fog
<i>Holcus mollis</i>	Creeping Soft Grass
<i>Koeleria macrantha</i>	Crested Hair-grass
<i>Lolium perenne</i>	Perennial Ryegrass
<i>Melica uniflora</i>	Wood Melick
<i>Nardus stricta</i>	Mat Grass
<i>Phleum alpinum</i>	Alpine Timothy
<i>Phleum pratense</i>	Timothy
<i>Poa alpina</i>	Alpine Meadow Grass
<i>Poa annua</i>	Annual Meadow Grass
<i>Poa nemoralis</i>	Wood Meadow Grass
<i>Poa pratensis</i>	Smooth Meadow Grass

Grass Family

Poa supina Creeping Meadow Grass
Poa trivialis Rough Meadow Grass
Sesleria caerulea Blue Moor Grass

Birds (✓=recorded but not counted;

	Common name	Scientific name	June						
			17	18	19	20	21	22	23
1	Quail	<i>Coturnix coturnix</i>				✓			
2	Mallard	<i>Anas platyrhynchos</i>	✓						
3	Tufted Duck	<i>Aythya fuligula</i>	✓						
4	Little Grebe	<i>Tachybaptus ruficollis</i>	✓						
5	Booted Eagle	<i>Hieraaetus pennatus</i>		✓	✓				
6	Red Kite	<i>Milvus milvus</i>		✓	✓				
7	Black Kite	<i>Milvus migrans</i>	✓					✓	
8	Common Buzzard	<i>Buteo buteo</i>						✓	
9	Golden Eagle	<i>Aquila chrysaetos</i>		✓	✓				
10	Common Kestrel	<i>Falco tinnunculus</i>				✓			✓
11	Eurasian Coot	<i>Fulica atra</i>	✓						
12	Rock Dove	<i>Columba livia</i>						✓	
13	Common Wood Pigeon	<i>Columba palumbus</i>			✓				
14	Eurasian Collared Dove	<i>Streptopelia decaocto</i>						✓	
15	Common Cuckoo	<i>Cuculus canorus</i>		✓	✓	✓	✓	✓	
16	Common Swift	<i>Apus apus</i>		✓	✓	✓	✓	✓	✓
17	Great Spotted Woodpecker	<i>Dendrocopos major</i>			✓		✓		
18	Black Woodpecker	<i>Dryocopus martius</i>						✓	
19	European Green Woodpecker	<i>Picus viridis</i>			✓				
20	Eurasian Jay	<i>Garrulus glandarius</i>				✓			
21	Eurasian Magpie	<i>Pica pica</i>			✓		✓		✓
22	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>					✓	✓	✓
23	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓	✓	✓	✓	✓
24	Carrion Crow	<i>Corvus corone</i>		✓	✓	✓	✓	✓	✓
25	Northern Raven	<i>Corvus corax</i>		✓	✓				✓
26	Marsh Tit	<i>Poecile palustris</i>			✓			✓	✓
27	Willow Tit	<i>Poecile montanus</i>						✓	✓
28	Coal Tit	<i>Parus ater</i>			✓				✓
29	European Crested Tit	<i>Lophophanes cristatus</i>			✓	✓	✓	✓	✓
30	Great Tit	<i>Parus major</i>			✓	✓	✓	✓	✓
31	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>			✓	✓		✓	
32	Eurasian Skylark	<i>Alauda arvensis</i>		✓					✓
33	Barn Swallow	<i>Hirundo rustica</i>						✓	
34	Common House Martin	<i>Delichon urbicum</i>						✓	
35	Sedge Warbler	<i>Acrocephalus schoenobaenus</i>				✓			
36	Melodius Warbler	<i>Hippolais polyglotta</i>				✓			
37	Bonelli's Warbler	<i>Phylloscopus bonelli</i>			✓				
38	Common Chiffchaff	<i>Phylloscopus collybita</i>				✓		✓	✓
39	Wood Warbler	<i>Phylloscopus sibilatrix</i>			✓				
40	Eurasian Blackcap	<i>Sylvia atricapilla</i>			✓	✓	✓	✓	✓
41	Garden Warbler	<i>Sylvia borin</i>				✓			
42	Lesser Whitethroat	<i>Sylvia curruca</i>				✓	✓	✓	✓
43	Common Firecrest	<i>Regulus ignicapilla</i>				✓	✓	✓	✓
44	Goldcrest	<i>Regulus regulus</i>			✓		✓		
45	Eurasian Wren	<i>Troglodytes troglodytes</i>			✓	✓		✓	

	Common name	Scientific name	June						
			17	18	19	20	21	22	23
46	Eurasian Nuthatch	<i>Sitta europaea</i>			✓				
47	Eurasian Treecreeper	<i>Certhia familiaris</i>		✓			✓		
48	Common Starling	<i>Sturnus vulgaris</i>				✓			
49	Ring Ouzel	<i>Turdus torquatus</i>					✓	✓	✓
50	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓
51	Fieldfare	<i>Turdus pilaris</i>	✓	✓	✓	✓	✓	✓	✓
52	Song Thrush	<i>Turdus philomelos</i>			✓	✓	✓	✓	✓
53	Mistle Thrush	<i>Turdus viscivorus</i>				✓	✓	✓	
54	European Robin	<i>Erithacus rubecula</i>			✓	✓			✓
55	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓
56	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓					
57	Spotted Flycatcher	<i>Muscicapa striata</i>		✓	✓	✓	✓	✓	✓
58	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓		✓	✓
59	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓	✓				✓
60	Alpine Accentor	<i>Prunella collaris</i>		✓					
61	Dunnock	<i>Prunella modularis</i>				✓		✓	✓
62	Grey Wagtail	<i>Motacilla cinerea</i>			✓			✓	
63	White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓
64	Water Pipit	<i>Anthus spinoletta</i>		✓			✓	✓	✓
65	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓
66	European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓
67	European Greenfinch	<i>Chloris chloris</i>		✓	✓	✓	✓	✓	✓
68	European Goldfinch	<i>Carduelis carduelis</i>		✓	✓	✓	✓	✓	✓
69	Citril Finch	<i>Carduelis citrinella</i>					✓		✓
70	Common Redpoll	<i>Carduelis flammea</i>				✓	✓	✓	✓
71	Common Linnet	<i>Carduelis cannabina</i>		✓	✓	✓	✓	✓	✓
72	Red Crossbill	<i>Loxia curvirostra</i>							✓
73	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>					✓	✓	✓
74	Yellowhammer	<i>Emberiza citrinella</i>							✓

Mammals

1	Alpine Marmot	<i>Marmota marmota</i>		✓				✓	
2	Chamois	<i>Rupicapra rupicapra</i>		✓	✓	✓			
3	Ibex	<i>Capra ibex</i>					16		5
4	Roe Deer	<i>Capreolus capreolus</i>						✓	2
5	Brown Hare	<i>Lepus capensis</i>					✓		
6	Red Deer	<i>Cervus elaphus</i>							2

Butterflies

1	Swallowtail	<i>Papilio machaon</i>		✓	✓		✓		✓
2	Small Apollo	<i>Parnassius phoebus</i>		✓			✓		
3	Large White	<i>Pieris brassicae</i>				✓	✓	✓	✓
4	Bath White	<i>Pontia daplidice</i>					✓		
5	Small White	<i>Artogeia rapae</i>					✓		
6	Green-veined White	<i>Artogeia napi</i>		✓	✓	✓	✓	✓	✓
7	Orange-Tip	<i>Anthocharis cardamines</i>					✓		✓
8	Berger's Clouded Yellow	<i>Colias australis</i>					✓	✓	✓
9	Wood White	<i>Leptidea sinapis</i>			✓				✓
10	Green Hairstreak	<i>Callophrys rubi</i>					✓		✓
11	Scarce Copper	<i>Lycaena virgareae</i>							✓

	Common name	Scientific name	June						
			17	18	19	20	21	22	23
12	Purple-edged Copper	<i>Palaeochrysophanus hippothoe</i>					✓		✓
13	Small Blue	<i>Cupido minimus</i>			✓		✓		✓
14	Large Blue	<i>Maculinea arion</i>							✓
15	Baton Blue	<i>Pseudophilotes baton</i>		✓					
16	Silvery Argus	<i>Pseudaricia nicias</i>							✓
17	Brown Argus	<i>Aricia agestis</i>							✓
18	Escher's Blue	<i>Agrodiaetus escheri</i>					✓		✓
19	Amanda's Blue	<i>Agrodiaetus amanda</i>					✓		
20	Chalk-hill Blue	<i>Lysandra coridon</i>							✓
21	Common Blue	<i>Polyommatus icarus</i>					✓		
22	Red Admiral	<i>Vanessa atalanta</i>						✓	✓
23	Small Tortoiseshell	<i>Aglais urticae</i>	✓	✓	✓	✓	✓	✓	✓
24	Comma	<i>Polygonia c-album</i>							✓
25	Dark Green Fritillary	<i>Mesoacidalia aglaja</i>							✓
26	Queen of Spain Fritillary	<i>Issoria lanthonia</i>				✓			
27	Small Pearl-bordered Fritillary	<i>Clossiana selene</i>				✓	✓		✓
28	Pearl-bordered Fritillary	<i>Clossiana euphrosyne</i>				✓	✓		✓
29	False Heath Fritillary	<i>Melitaea diamina</i>							✓
30	Heath Fritillary	<i>Melitaea athalia</i>					✓		✓
31	Marbled White	<i>Melanargia galathea</i>			✓				
32	Alpine Grayling	<i>Oeneis glacialis</i>			✓				✓
33	Mountain Ringlet	<i>Erebia epiphron</i>							✓
34	Bright-eyed Ringlet	<i>Erebia oeme</i>					✓	✓	
35	Dewy Ringlet	<i>Erebia pandrose</i>		✓					
36	Ringlet	<i>Aphantopus hyperantus</i>			✓				
37	Small Heath	<i>Coenonympha pamphilus</i>		✓	✓	✓	✓		✓
38	Alpine Heath	<i>Coenonympha gardetta</i>							
39	Pearly Heath	<i>Coenonympha arcania</i>					✓		✓
40	Chestnut Heath	<i>Coenonympha glycerion</i>					✓		✓
41	Dingy Skipper	<i>Erynnis tages</i>				✓	✓		✓
42	Large Skipper	<i>Ochlodes venatus</i>						✓	
43	Grizzled Skipper	<i>Pyrgus malvae</i>					✓		
44	Chequered Skipper	<i>Carterocephalus palaemon</i>					✓		✓

Other Insects

1	Wood Ant	<i>Formica rufa</i>			✓	✓	✓	✓	✓
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